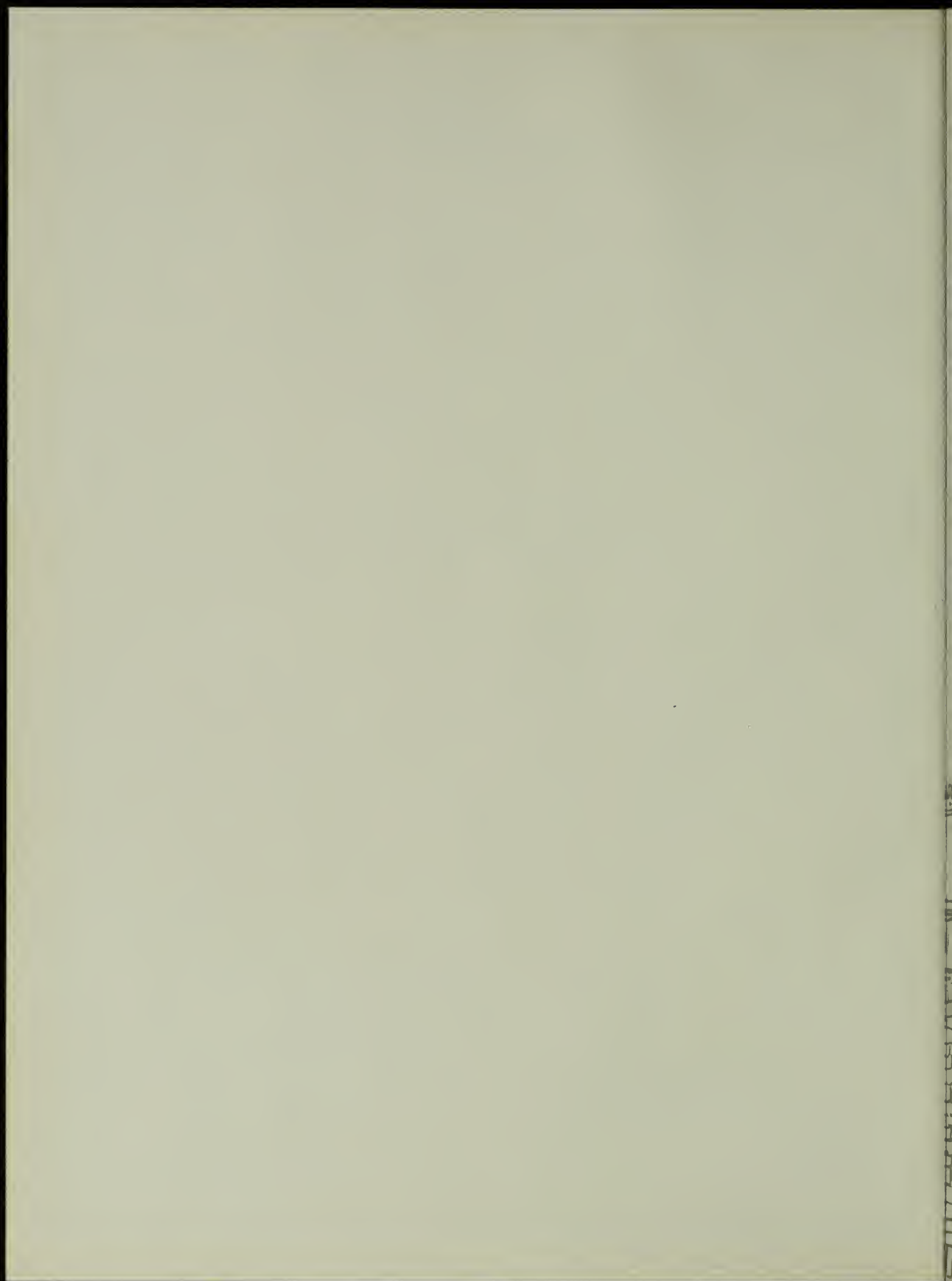


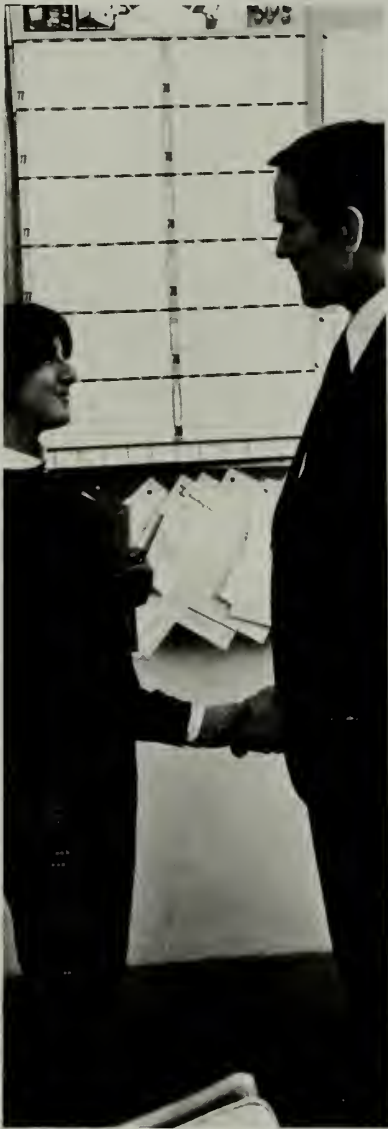


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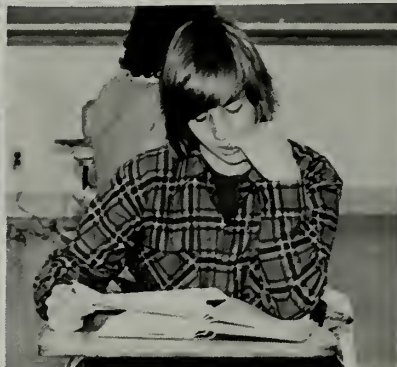
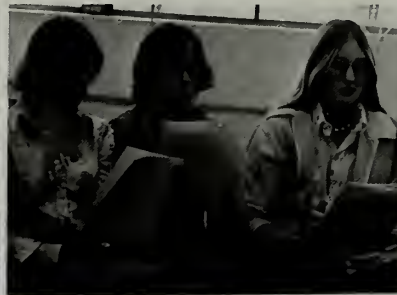
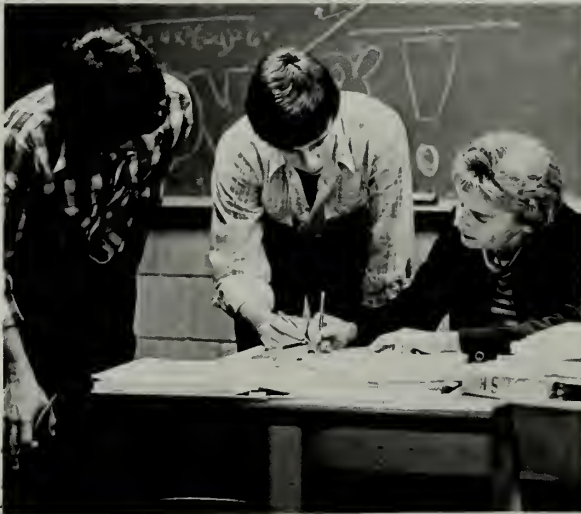








Long, long ago, in a land far away stood a mighty kingdom called Longmeadow. Now this was a very enlightened kingdom, filled with righteous and noble people involved in a most admirable quest.



Their intense dedication was overwhelming, but surely understandable, for their unending search was for knowledge, which they knew was the very essence of ideal existence. The nobles were continually spurred on toward success by the influence of the much feared, fire-spewing dragons.



The fearful dragons understood and supported the nature of the quest, and their fiery commitment to the search was what made them so merciless in their daily terrorizing of the nobles, to assure that their search would continue.



Day after day, each individual awoke with a new determination to face their task with courage and fortitude, for they knew the rewards could only be great and well worth the effort.



And so their life was a fine one, filled with hard work and toil, but the benefits were forever cherished, and in the meantime much fun and merriment were enjoyed by all.



It was evident that the strong
and good kingdom of Longmeadow
would endure for a very long
time, and so its inhabitants
were content.

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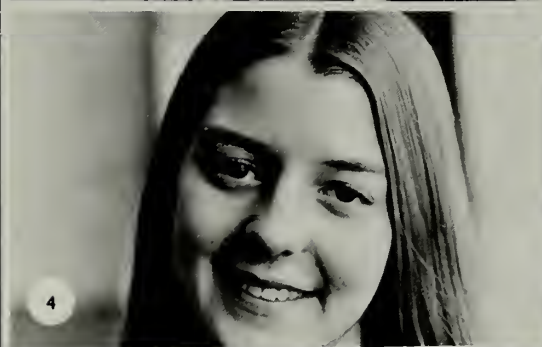
The Nobles



The most priveleged class of people in the castle are the nobles, because of their expertise in the ways of the fearsome dragons and the knowledge they have gained as regards living and succeeding in the kingdom. Many members of this class of nobility fight fewer dragons than in past years but often with more fervor. In place of additional toils to undertake, the nobles are free to pursue various pleasures on a greater scale than in previous years. Amid all the celebrations this ruling class engages in are the various examinations, contests and petitions necessary to pursue future plans when one has left the security of the castle and strikes out in quest of new kingdoms to conquer.



Class Council



1. Bill Meade-Pres. 2. Sara Fein-Vice-Pres. 3. Sally Burnett-Vice-Pres. 4. Sandy Walker-Sec. 5. Leslie Brooks-Treas. 6 and 7. Advisors Jesse Bowler and Barbara Laub.

The Senior Class' enthusiasm for Class Council activities was overwhelming this year. Many Seniors attended Class Council meetings where the planning for various class functions took place. Many seniors can take great pride in knowing that they helped to make their senior year activities memorable.

The year was off to a busy start with planning of the Homecoming Weekend. This included a parade of floats around Longmeadow, spirit links, and a balloon ascension at the Longmeadow-East Longmeadow football game. The senior girls also showed their football talent in the action packed Daisy-Weed game complete with "sexy" cheerleaders.

In the winter, spirits were high with the continuous planning for spring and Senior Week. The weather was taken advantage of by a senior sponsored cross-country weekend.

Planning for the Prom, Banquet, and Graduation activities kept seniors busy with concerns about banquet halls, bands and theme songs. There was also the excitement of getting involved in "Carnival", the Senior Class Play.

Other activities during the year included the creative efforts of the Senior Newsletter, "The Longmeddler," and the hard struggle for Open Door. Its institution in February brightened the sense of responsibility for showing strong leadership while enjoying an active, and exciting Senior year.





PAULA SCHNITZER



BRYAN GUSTAFSON



ADAM WEINBERG



JANET LAWRENCE



BILL HENSHAW



LESLIE BROOKS



JIM QUINN



ROBERTA WASS



FRANCIS WELCH



MARJORIE EPSTEIN



BRUCE MOREHARDT



TERRY KOSSOY



NAFIE SABA



JEFFREY MACMARTIN



MICHELLE BUSHEY



TYLER BELL



JENNIE REZNEK



TED KOUNDOURAKIS



ROBERT SANDOW



CAROL MCCARTHY



JON PALEY



LAURA LAWSON



ROBERT GRIFFIN



ROBIN FEIN



EDWIN LAW



LAURA DONNER



ROBERT ROSSITER



JEFFREY DANNAY



DORIS ROBINSON



JOHN MACMARTIN



DANIEL GREENBERG



TONY JARVIS



DENNIS MCCAULEY



JAY RUBINSTEIN



KIM HIGGINBOTHAM



MICHAEL TATE



GREGORY VATRANO



STACY FITZPATRICK



STEVE NOLET



JANICE DEL GRECO



MIKE FORTIER



JULIE TRZCINSKI



SCOTT BAILEY



CINDY MARKELL



MARY ELLEN KRIENER



GERRY SALVAS



PATTY SMITH



JOHN NICHOLS



NANCY FINCH



ALAN AXLER



MICHELE HOFFMAN



GEORGE HAVRILLA

"This
above all:
to thine own
self
be true."
-Shakespeare



MARK HAASE



CRAIG ADAMZ



DEBBIE SMITH



PEGGY O'NEIL



TERESA BARRETT



SANDY WALKER



BOB JONES



PATTY MARCOULLIER

"For all the good
times, sad times
silly sentimental
times we've shared-
I celebrate you,
my friend."



MICHELLE RUBIN



JOHN FULLER



DONNA RINALDI



HOLLY DOHERTY



PETER CARROLL



KAREN THOMPSON



JEAN BENOIT



BILL LYONS



BETSY SABIN



SHELLEY MILSTEIN



TIM MALONEY



CINDY JOHNSON



STEVEN HOCHBERG



KATE BASSETT



SCOTT ELLIOT



JOANNE HICKLING

"I don't know what
kind of a future
life I believe in
but I believe that

all that we go
through here must
have some value."

-Eleanor Roosevelt



JOAN ANTAL



PETER VEDDER



ANNALIZA CRUZ



MARTY FLEMING



MARY MICKELSON



MIKE SACENTI



PETER ELLSWORTH



MEG GILES



SCOTT LAFRANCE



JUDI BLACK



PAUL DOLAN



JEFF COLEMAN



ANNE DZWILESKI



ROB LEAVITT



KATHY WILOCHKA



FAITH PRYBYLO







KIM BOLGER



BILL MEADE



CAROL JANOVSKY



BRAD LEVEILLEE



PAM MACKLER



TERRI REDIFER



JOHN TOMKO



JOEL ZUCKERMAN



LARRY MARKSON



KATHY FOLEY



MARK LUNDY



WENDY WOLF



LISA SEMEL



LYNNE ARONSON



HOLLY BOUDREAU



JEFF KNIGHT



PATTY WOODS



CRAIG KAZIN



ROB PAULIDES



FRANCIS McNALLY



MICHELE VECCHIARELLI



TODD COHAN



RUTH KATZ



KATHY AMES



TIM FISK



PAM RICHARDSON



CAROL CHABOT



LISA TOBER



CAROLANNE CAMPBELL



DANA FRANK



FRED BURNS



JUDY STEARNS



MARCIE HASTINGS



LINDA SKOLE



MATT SMITH



MAURA NEVILLE



DAVID BRINNEL



LORI DAVIDSON



RICHARD GREENE



PEGGY MAGNANI



KERRY FERRERO



BRIEN WOODS

"Love when you can, cry when you have to; be who you must it's a part of a plan. Await your arrival with simple survival and one day we'll all understand."

Dan Fogelberg



BOB SHEEHAN



LISA FRIBERG



KATHY BALL



CAROLYN GREENSPAN



MARK SLADE



REGINA NOVITT



CINDY FORNEY



CAROLYN FRIBERG



DONALD TEICH



DAVID LENDRY



KIM BARTON



KIM KUSIAK



JOHN KNISELY

"To stop growing
is deadly to
the mind, the
emotions,
and even to our
world."

- Ralph Rhea



BARBARA BLISS



TRACY GLASGOW



STEVE WINNIMAN

"A matter of growth: from childhood into adulthood, from dependence into independence, from fear into the full control of your own potentialities so that you may be able to develop them at their fullest."



DAWN PHANEUF



GARY GOODMAN



DEBBIE KLEIN



JOAN SHRIVER



PETER RILEY



NANCY DAWSON

"... There's a light in
the depths
of your darkness."



BILL WALSH



TARA HOWARD



CAROLYN CUMMINGS



STEVE HARAMUT



SARA FEIN



ALISON STURGIS



ALISON SEAMAN



JEFF SHERMAN



MARY GILL



MARK GIBSON

"There's a calm at the eye
of every storm. There's a
light in the depths of your
darkness. Let it shine"

Dan Fogelberg



MICHAEL SPRINGETT



ROBERTA SHERMAN



JEFF TOUGAS



ELLEN NICHOLS



STEVE PETLOCK



ELIZABETH BURNS



ELLEN SILVERMAN



JENNY SWAN



KENNY VINCUNAS



STEVE MILLAS



DEBBIE HARRIS



CINDY O'CONNELL



SALLY BURNETT



ANDY JANIK



ANNE KILLEEN



DEBBIE DEFELICE



SUSAN JAGODOWSKI



MIKE FRITZ



LEA GRIPPIN



MIKE ROSOL



GARY HOLMAN



LINDA INGLHOFER



NANCY SPRINGETT



GARY HYMAN



LAURIE KLEIN



BRUCE BENNETT



MELANIE WHITE



CHARLIE WRONA



DAVID BEDROSIAN



VILMA GONZALES



DAVID BEARCE



THAMY KANNAVOS



FAY TRACHTENBERG



CHRIS TANGUAY



MARK DAWSON



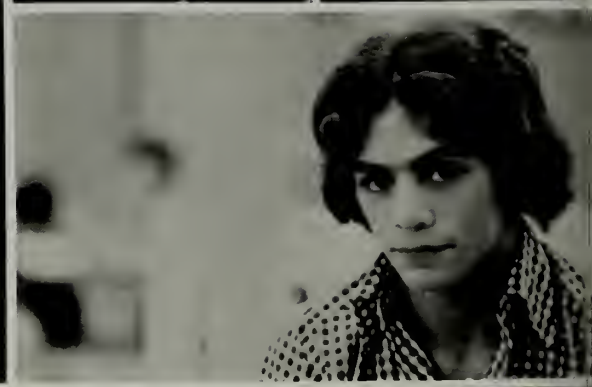
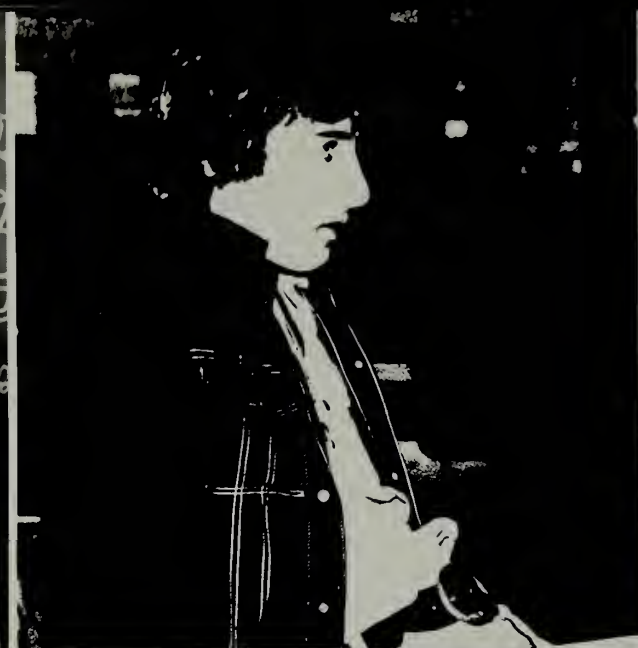
HAL GOLDBERG



MIKE CIOTA



JANET CHAMBERS







TED STEVENS



SHERRY RAPPAPORT



FRED PETRUCCI



JOHN ASTHALTER



HOPE WERNICK



ROBIN EDELMAN



RICK DUROCHER



PAM GRAYBOFF



KIM LEDUC



CAROLYN KANE



MARK ABRAHAMS



ANDY WEINBERG



CAROLYN CLUTE



LISA DENNING



BETSY ROBINSON



STEVE FINCH



ROBERT CAREY



SHEILA BRENNAN



STEVE SLAVKIN



MARK DITOMASSI



TOM BUTTS



BILL SHEEHAN



LISA KENLER



NICOLE NASSAR



KENNY LUND



PETER CROSBY



DAVE RYAN



SARA PANTO



JOHN WESTON



KRIS CERVENY



BETSY CURRIER



RICHARD SNYDER



PETER BURGER



MITCHELL WORTH



GAYLE KIDA



DAVE MARR



BETH COGAN



LORI DRAYMORE



DONNA CRUZ



STACY WARDLAW



CHRISTINE McGARRY



ELIZABETH ZACARIAN



DANA GENTES



VIVIAN MARKOULAKIS



JON COHEN



BOB MILLER



ALISA BONASONI



STEPHEN WOOD



JAY CARON



PETER GUTERMANN



KIT GRACEY



BETSY ROSENBLOOM



JUDY WILLIAMS



TYLER YOUNG



ELLEN PHILBIN



CHRIS LUCIER



CAROL ANDERSON



MATT HOFFMAN



SUSAN CONNELL



RICK ORR



STEVEN KOUNDOURAKIS



MARTHA CARUSO

DAISIES PLUCK WEEDS

The Daisies vs. Weeds flag football game is known to be one of the traditional activities favored by the senior class. This year the girls out did themselves in a close game, finally won by the Daisies. The excitement of the game was further increased by the entertaining Senior boys.

Both teams practiced hard to perfect "professional" offensive strategies and to build strong defensive squads. Led by Daisy coaches John Tomko, John Knisely, and Jeff Sherman and Weed coaches Rob Carey, Bob Miller, and Steve Wood, the teams developed the skill and enthusiasm that enabled them to play a great game of football and have fun in the process.





HILARY FLINT



JODI SLATER



RICH EVERS



SUSAN CONNER



DAVID FEIN



MOIRA MURPHY



TIM BIGGINS



LORI EVANS



LESTER MASLOW

You can't always get
what you want, but if
you try sometimes, you
just might find, you get
what you need.
-Rolling Stones



JOHN FOLEY



JOAN BERON



SUZANNE SCHUBE



GAY HUTCHINSON



JON DITMAR



ANNICE VEITENHEIMER



GALE JASKOT

Leaving's not an easy
thing sometimes
To leave all of the friends
you knew behind
Turn around, Turn
around, Turn around.
-Aztec Two-Step



JEANNIE CLAY



CRAIG PERREAULT



MARSHA MICHALIK



RUSSELL BIRCH



JEFF MYERS



BETH RIVKIN



KARIN LAUSHWAY



MARK COHEN



ANGELA PAYNE



LYNNE GREENBERG



DAVID LLOYD-REES



NICOLE BEAUCHAMP



SCOTT COLLENTRO



LAURIE SOLOMON



RICHARD FAIRWEATHER



CHRISTINE ROOKE



WAYNE COLLARO



SONYA KRAFT



TOM MOSER



ELLEN HEENAN



GLENN JACOBSON



LINDA DEMASSINI



JANINE MICUCCI



SUE SIMMONS



JOHN O'CONNOR



DENISE MEUNIER



GARTH MALLOY



EVERETT BLACK



WILLIAM KELLEY



DEBBIE KNIGHTS



TAMI GUILBAULT



WILLIAM SULLIVAN



KAREN HOLLABAUGH



LAUREN COHEN



ANDY RAKER



BETSY HUBLEY



STEPHEN SMITH



MARIA GEORGIADES



TERENCE BOUDREAUX



GERALD MURPHY



LISA LEAVITT



TRACY LAVENGOOD



RICHARD HOUGH



MARC PEARL



KEN NORTON



INGRID SHUTTLEWORTH



MARK HALON



KAREN KELLEHER



ADAM CURTIS



GISSELLE MUSSICH

-A-

ABRAHAM, MARK JAY - 91 Salem Rd.- Mokey- Latin Club 1- Yearbook 2- Jet Jotter 3,4- Business Manager 4- Student Advisory Council 3,4-p.43.

ADAMZ, CRAIG - 493 Maple Rd.-Crag-Swim Team 1,2,3-Soccer - Bowling 1,2,3,4- NHS 3,4- Jet Jotter 2,3,4- Chess Club 2,3- p.19.

AMES, KATHERINE ANNE - 42 Williston Drive- Kathy- AFS 3,4 treasurer 4- Girls Chorus 1- Concert Chorus 2,3,4- Girls Volleyball 1- Intramural Volleyball 3- NHS 4- "Of Thee I Sing" 2- Senior Class Play 4-p.28.

ANDERSON, CAROL LESLIE - 132 Converse St. Blondie- Class Council 1-Girls Chorus 1- Concert Chorus 2-p.49.

ANTAL, JOAN- 73 Barrington Rd.- Antlers- Leaders Club 3,4- Class Council 3- p. 22.

ARONSON, LYNNE SUSAN - 413 Converse St.- Lynsey- AFS 3,4- Library Aide 1,2,3,4- Outlet 1,2- NHS 3,4- Class Council 4- Spanish Club 4, treasurer-p.27.

ASTHALTER, JOHN - 25 Warwick Rd.- Wrestling 1,2,3,4 Co. capt. 4- Class Council 3,4- Lacrosse 1,3,4- Leaders 3,4- Daisy-Weed Cheerleader- p.42.

AXLER, ALAN JAY - 251 Wolf Swamp Rd.- Ax- Football 1,2,3,4- Baseball 1,2,3,4- Wrestling 1- Class Council 4- Key Club 1,2,3,4- Spanish Club 4- Ski Club 1,2,3,4- Leaders Club 2,3,4- p. 18.

-B-

BAILEY, SCOTT W - 175 Brookwood Drive- Cross Country 1,2,3,4- Track 1,2,3,4- German Club 2,3- p. 17.

BALL, KATHLEEN FRANCES - 178 Nevins Ave.-Kathy- AFS 1,2- Outing Club 1,2- Ski Club 1,2,3-Outlet 1,2,3,4-p. 31.

BARRETT, TERESA - 66 Barrington Rd.- Terry- p. 19.

BARTON, KIMBERLY - 232 Captain Rd.- Kim- p.32.

BASSETT, KATHARINE - 35 Birch Rd.- Kate- Swimming 1,2- Lacrosse 1,2-Keyettes 2- Ski Club 1,3- Class Council 3- Senior Class Play 4- p.21.

BEARCE, DAVID W. Jr. - 195 Franklin Rd.- Wrestling 1- Ski Club 1,2- Ski Team 4- p.39.

BEAUCHAMP, NICOLE CLAIRE - 49 Farmington Ave.- Track Team 1-AFS 1,2,3- Class Council 1,2,3,4- Masacksic 2- Ski Club 2- Keyettes 2,3,4- Senior Class Play 4- p. 54.

BEDROSIAN, DAVID ALAN - 189 Academy Drive- Key Club 2,3,4- Leaders Club 2,3,4- Spanish Club 4- Class Council 4- Soccer 1- Ski Club 4- p. 38.

BELL, TYLER H. - 92 Glenbrook Lane- Tinkerbell-Chess Team 2,3- Lacrosse 1,2,3,4-Intramural Basketball 2,3- Leaders 2- p.14.

BENNETT, BRUCE H. - 163 Blueberry Hill Rd.- Benie- Track 1-Gymnastics 1,2,3,4 Co. Capt. 4- p. 38.

BENOIT, JEANNE LOUISE - 29 Silver Birch Rd.- Beno- Class Council 4- Gymnastics 1,2- Tennis Team 1,2,3,4- p.20.

BERON, JOAN DIANE - 71 Roseland Terrace- AFS 2,3,4- Class Council 4- Spanish Club 4- Senior Class Play 4- p. 52.

BIGGINS, TIMOTHY JUDE - 52 Redfern Drive- Tim- Soccer 1,2,3- Swimming 3- Key Club 3- p. 51.

BIRCH, RUSSELL M. - 41 Brookwood Drive- Russ- Ski Team 2- Diving Team 1- p.53.

BLACK, EVERETT CHARLES - 64 Magnolia Circle- Neck- Soccer 2- Gymnastics 3,4- Variety Show 3,4- Leaders Club 3,4- Senior Class Play 4- p. 56.

BLACK, JUDITH LYNN - 72 Wilkin Drive- Judi- Track 1- Class Council 4- Keyettes 3,4- Daisy-Weed 4- Senior Class Play 4- p. 23.

BLISS, BARBARA JANE - 16 Longview Drive- Junior Achievement 1- Bowling Club 1- p. 32.

BOLGER, KIMBERLEY GAIL - 35 Lawrence Drive- Kim- Jet Jotter 2,3,4 Managing Editor 4- Outlet 1,2,3,4 Editor 2,3,4- Drama Club 1,2,4- Debate Club 1,2- NHS 3,4- Daisy-Weed 4- Senior Class Play 4- p. 26.

BONASONI, ALISA SUSAN - 222 Concord Rd.- Beads-NHS 3,4- Keyettes 2,3,4-Board 3- Masacksic 2,3,4 Senior Editor 4- Ski Club 2- AFS 1,2- Track 1- Senior Class Play 4- p.48.

BOUDREAU, HOLLY ANN - 72 Woolworth St.- Outlet 1- Senior Class Council 4- p. 27.

BOUDREAU, TERENCE ASHLEY - 33 Ellington St.- Boo- Football 1- Lacrosse 1,2,3,4- Basketball 1,2,3,4 Capt. 4- Key Club 2,3,4- Class Council 1,2,3,4- Leaders 2,3,4- ABC 3,4- Junior Achievement 1- Senior Class Play 4-p. 57.

BRENNAN, SHEILA MARY - 69 Fenwood Rd.- Sheil- Swim Team 1,2,3,4- Drill Team 1,2,3- Track 1,2- AFS 2,3,4 President 4- Latin Club 1- Leaders Club 3- Keyettes 2,3,4- NHS 3,4- Senior Class Play 4- p.44.

BRINNEL, DAVID C.-219 Wimpleton Drive-Lyrics 4-Concert Chorus 3,4-Cantori 4-"Of Thee I Sing" 2- "One Flew Over the Cuckoo's Nest" 3- Once and Future Idiots 3,4- "Of Mice and Men" 4- Variety Show 1,2,3,4- Junior Achievement 1,2- Spanish Club 1- p. 30.

BROOKS, LESLIE ELLEN - 71 Lawrence Drive- Class Council 2,3,4 Treasurer 3,4-Soccer Club 2,3- NHS 3,4- AFS 1- Ski Club 1- Joint Committee 2,3,4- Senior Paper Editor 4- Daisy-Weed 4- Senior Class Play 4- p. 13.

BURGER, PETER FREDERICK- 68 Drury Lane- Burgy- Wrestling 1,2,3,4- Skiing 2,3,4- Soccer 1,3-Baseball 1,2,3,4- Key Club 2,3,4- Class Council 3,4- NHS 4- Leaders Club 3,4- Senior Paper Editor 4- Italian Club 4- Senior Class Play 4- p.46.

BURNETT, SALLY ANN - 99 Knollwood Drive- Field Hockey 1,2,3,4- Basketball Manager 3-

Lacrosse Club 1,2,3,4 Co. Capt. 3,4- "Of Thee I Sing" 2- Chorus 1,2,3- Lyrics 4- Student Council 1,2,3,4 Committee Vice-President 4- Joint Committee 4- Daisy-Weed 4- Senior Class Play 4- p.36.

BURNS, ELIZABETH ANN - 28 South Park Ave.- Liz- p.35.

BURNS, FREDERICK J. - 28 South Park Drive- Ferd-Key Club 1,2,3- Orchestra 1,2,3,4- Quartet 3,4-Leaders 3- Track 3,4- Latin Club 2- "Of Thee I Sing" 2- Young People's Symphony 2,3,4- AFS 1- Senior Class Play 4-p. 29.

BUSHEY, MICHELLE MARIE - 246 Concord Rd.- Prom Committee 4- Senior Class Play 4 p. 14.

BUTTS, THOMAS WILLIAM - 410 Pinewood Drive- Butsy-Track 1- Basketball 1,2,3,4- Soccer 1,2- Golf 3,4- Class Council 3- p. 44.

-C-

CALARESE, SCOTT JOHN - 50 Greenacre Ave.- Nutsy- Track 1,2.

CAMPBELL, CAROLANNE - 54 Westmoreland Ave.- C.A.- Soup- Field Hockey 1,2,3,-Capt 4- Softball 1,2,3,4,- Basketball Manager 2,3,4,- Girls Chorus 1- Daisy-Weeds 4- Variety Show 1- Leader's Club 2,3,- Class Council 4- Senior Class Play 4. pg. 29.

CAREY, ROBERT JOSEPH - 28 Lawrence Dr.- Carets- Football 1,2,3,4,- Basketball 1,2,3,4- Lacrosse 1,2,3,4,-Key Club 2,3,-pg. 44.

CARON, JAY GERARD - 40 Pioneer Dr.- J.C.- Football 1,2,3,4,- Track 2- Key Club 1,2, Lt. Governor 3, President 4- Joint Committee 2,3,- Class Council 3,4,- Intramurals 1,2,3. pg. 48.

CARROLL PETER SCOTT - 211 Concord Rd.- Liteweight- Soccer-1- Hockey 1- Baseball 1,4. Manager 4- Golf 3,4,- Key Club 1,2,3,4,- pg. 20.

CARUSO, MARTHA JEAN - 44 Laurel St.- Volleyball 1- Broadway 3,4- pg. 49.

CERVENY, KRISTIN - 1050 Longmeadow St.- Kriss- Girls Chorus 1- Jewelry 4- Track and Field 4. pg. 45.

CHABOT, CAROL MARIE - 156 Blueberry Hill Rd.- Chabs- Keyettes 3,4,- Cheerleading 1,2,3- Class Council 3,4,- Lacrosse Statistician 3,4,- N.H.S. 3,4. pg. 29.

CHAMBERS, JANET LOUISE - 42 Warren Terr.-Jan, B.W.- Drill Team 2- Lyrics 3,4- Cantori 3,4-Chorus 1,2- N.H.S. 3,4- Masacksic 3,4, Ads Editor 4- Les Chanteuses 2- Keyettes 2- Guidance Aid 2- District Chorus 3,4, All States Chorus, 4-Daisy-Weed 4- Class Council, 4- Ski Club 2- "Of Thee I Sing" 2- Class Play 4- A.F.S. 2,3. pg. 39.

CIOTA, MICHAEL JOHN - 70 King Philip Dr.- J., Hunt- Wrestling 2- Track 3- Ping-Pong Intramurals 1- Ski Club 2. pg. 39.

CLAY JEANNIE MARIE - 87 Crestview Circle- pg. 53.

CLUTE, CAROLYN ANNE - 60 Silver Birch Rd.-Keyettes 2,3,4- Leader's Club 2,3,4-A.F.S. 2,3,4- N.H.S. 3,4-Soccer 3- Track 1,2,4- Ski Team 1,2,3,4, Capt. 4- Daisy-Weed 4-Senior Play - 4. pg. 43.

COGAN, ELIZABETH J. - 322 Wolf Swamp Rd.-Beth, Liz-French Club 2- A.F.S. 2-Drill Team 2,3-Keyettes 3,4, Board Member 4- Class Council 4. pg. 46.

COHAN, TODD - 121 Willowbrook Rd.-Hellcat- Baseball 1- Soccer 1- Spanish Club 2. pg. 28.

COHEN, JONATHAN - 32 Wild Grove Ln.-Jon- Wrestling 1,2,3- pg. 47

COHEN, LAUREN BETH - 26 Sherwood Dr.- Laurie- Gymnastics 1,2- Cheerleading 3- Keyettes 1,2,3,4- Class Council 2,4,- Class Play 4- Daisy-Weed 4. pg. 57.

COHEN, MARK ROBERT - 41 Berkeley Dr.- Rocky, Doofy- Wrestling 1- Once and Future Idiots Comedy Revue 3,4- "Of Thee I Sing" 2- "Of Mice and Men" 4- "One Flew Over the Cuckoo's Nest" 2,3- Variety 77, 3- Concert Chorus 3- Senior Class Play 4- Men's Chorus 1,2- Broadway 3,4- Drama Club 2,3- pg. 53.

COLEMAN, JEFFREY - 44 Fernleaf Ave.- A.F.S. 1- Jet Jotter 2- N.H.S. 3,4. pg. 23.

COLLARO, WAYNE R. - 8 Metacomet Rd.- Wrestling 1- Scuba Diving Club 1. pg. 55.

COLLENTRO, JOSEPH SCOTT - 979 Frank Smith Rd.-Okie- Football 1,4- Baseball 1,2,3,4- N.H.S. 3,4- Mu Alpha Theta 3,4- Key Club 4- Class Council 1,4. pg. 54.

CONNELL, SUSAN MARY - 86 Blueberry Hill Rd.-Ugly- A.F.S. 1,2- Track 1,2- Keyettes 2,3,4-Board 3- Masacksic 1,2,3,4, Senior Editor 4- Class Play 4- Class Council 4. pg. 49.

CONNOR, SUSAN - 44 Falmouth Rd.-Schultzzy- Soccer 3,4- Track 2,3- Lacrosse Club 4- Ski Team 2,3,4- Class Council 3,4. pg. 51.

CROSBY, PETER ROBERT - 341 Farmington Rd.-Coon- pg. 45.

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CRUZ, DONNA - 64 Meadowlark Dr.- pg. 47.

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NAVAZIO, MICHAEL F. - 21 East Greenwich Rd.- Mike- Football 1- Outing Club 1- Scuba Club 1- Key Club 2- Ski Team 1,2,3,4- Jesters 3,4- NHS 3,4-

NEVILLE, MAUREEN ANN - 37 Arcadia St.- Maura- Swim Team 1,2,3- Ski Team Manager 2,3- Daisy-Weed 4- Class Council 4- Keyettes 3- Senior Class Play 4- p. 30.

NICHOLS, ELLEN MARIE - 84 Benedict Terr.- Smallchange- AFS 1,2,3,4- Drill Team 3- Outing Club 1,2,3,4- Jr. Achievement 1,2- Girls Chorus 1- Concert Chorus 2,3,4- Library Aide 1- Class Council 4- Senior Class Play 4- Ski Club 4- p. 35.

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PHILBIN, ELLEN KRISTIN - 172 Viscount Rd.- Smelly- Class Council 1,2,3,4- Daisy-Weed

4- Cheerleading 1,2- Masacksic 2, Editor 3, Editor-in-Chief 4- Senior Class Play 4- Usher at Prom and Graduation 3- Leaders Club 3,4- B and CC p. 49.

PRYBYLO, FAITH - 109 Forest Glen Rd.- Girls Chorus 1- Concert Chorus 2,3- Lyrics 4- "Of Thee I Sing" 2- "One Flew Over the Cuckoo's Nest" 3- Student Council 2,3,4- NHS 4- Senior Class Play Director 4- Drill Team 2- p. 23.

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RIVKIN, BETH ADRIENNE - 340 Frank Smith Rd.- Riff- Library Aide 1- Leaders 2,3- Keyettes 1,2,3- Class Council 4- p. 53.

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ROOKE, CHRISTINE S. - 143 Farmington Ave.- Rookie- Cheerleading 1,2- Girls Chorus 1- Concert Chorus 2- Lyrics 2,3- Class Council 2,3,4- World Affairs Club 4- "Of Thee I Sing" 3- Senior Class Play 4- NHS 3,4- Ski Club 4- p. 54.

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ROSOL, MICHAEL - 77 Briarcliff Rd.- Mike- Track 2,3,4- Scuba Club 1,2,3,4- Band 1,2,3,4- Jesters 1,2,3,4- AFS 1- p. 37.

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SACERDOTE, DAVID ZACHARIAH - 21 Elm Ave.- Sas- Riflery 2- T.V. 3,4- Art Club 4-

SACKS, GREGORY - 26 Cobble Stone Rd.-

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SCHNITZER, PAULA - 23 Woodlawn Place- Schnitz- Soccer 2,3,4 Co. Capt. 2- Lacrosse 1,2,4- Class Council 1,2,3,4 President 1- Joint Committee 2,3,4- Student Advisory Council 4- NHS 3,4- Leaders 2,3- Masacksic 3 Copy Editor 4- Senior Class Play Producer 4- p. 13.

SCHUBE, SUZANNE - 16 Pleasantview Ave.- Suzy- Scooby-Chorus 1- Lyrics 2,3,4- Mass. All State 2,3,4-District Chorus 2,3,4-Class Play 4- p. 52.

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SEMED, LISA ANN - 51 Colony Acres Rd.- Smell-Cheerleading 1,2,3,4-Class Council 3,4- Class Play 4-NHS 3,4- p. 27.

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SHEEHAN, WILLIAM JOSEPH - 78 Hilltop Rd.- Beeshee-Debating Team 1,2,4-Soccer 1,2,3,4-NHS 3,4-Jet Jotter 3, News Editor 4-A.V. Aide 1-Library Aide 2-J.A. 2- p. 44.

SHERMAN, JEFFREY - 140 Ellington St.- Sperman-Key Club 3-Class Council 2,3,4-Baseball 1-Lacrosse 2,3,4-Football 2,3,4- p. 34.

SHERMAN, ROBERTA - 54 Crescent Rd.- Bert-Masacksic 3,4-AFS 4-Class Council 3,4- p. 35.

SHRIVER, JOAN - 896 Longmeadow St.-Basketball 2,3,4-Tennis 1,2-Softball 3-Yearbook 1,2,3- p. 33.

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SMITH, DEBORAH LEE - 172 Greenacre Ave.-Debbie-Track 1-Chorus 1-Cheerleader 1,2,3,4 Co-Capt. 4-Outlet 1-Class Council 2,3,4-Leader's Club 3-Daisy-Weed 4-Senior Class Play 4. p. 19.

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SOLOMON, LAURIE ELLEN - 165 Viscount Rd.-Track 1-Cheerleader 1,2-Keyettes 2,3,4-Class Council 3,4-Daisy-Weed 4-Senior Class Play 4-NHS 4. p. 54.

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SPRINGETT, NANCY - 50 Belleclaire Ave.-Class Council 3,4-Daisy-Weed 4-NHS 3,4. p. 38.

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SUTTON, VICTORIA ANNE - 145 Willowbrook Rd.-Sutt-Intramural Volleyball 3-AFS 3-Daisy-Weed 4-Intramural Basketball 4-Band 1,2,3 Wind Ensemble 4.

SWAN, JENNIFER ANN - 99 Oxford Rd.-Swanee-Gymnastics 1,2-Tennis 1,2,3,4-Class Council 1,2,3,4 VP 1,2-Keyettes 1,2,3-Masacksic 4-Daisy-Weed 4-Leaders Club 3,4-NHS 3,4. p. 36.

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TEICH, DONALD - 94 Hawthorne St.-Don-Wind Ensemble 2,3,4-Pep Band 2,3,4-Band 1. p. 32.

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THOMPSON, KAREN - 626 Laurel St.-AFS 1,2-Masacksic 1,2-Keyettes 2,3-p. 20.

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TORPEY, BRIAN-

TOUGAS, JEFFREY - 16 Glen Brook Lane- Big T- Sports Announcer- Class Council 1,2,3,4-p. 35.

TRACHTENBERG, FAY R. - 120 White Oak Dr.- Field Hockey 1,2,3,4 Capt. 3- Keyettes 1,2,3-Outlet 1,2- World Affairs Club 3,4- Daisy-Weed 4- Class Council 1,2,3,4- Leaders 3- p. 39.

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WALKER, SANDRA ELLEN - 98 Coventry Lane- Sandy- Swim Team 1- Girls Chorus 1- Lyrics 2,3,4- District Chorus 4- Class Council Secretary 1,2,3,4- Keyettes 3- Masacksic 4- NHS 4- Usher 3- Senior Class Play 4- Daisy-Weed 4- Ski Club 4- p. 19.

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WEINBERG, ANDREW BRIAN - 216 Blueberry Hill Rd.- Stud- Football 1,2- Skiing 1,2- Track 1,2- Drama Club 1,2- Vocal Groups 1,2,3,4- Class Council 1,2,3,4- Spanish Club 1,2- Senior Class Play - p. 43.

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WERNICK, HOPE ELLEN - 28 Briarcliff Rd.- Sambo- Swim Team 1,2,3,4 Capt. 4 Western Mass. All Star 4- Lacrosse Capt. 3,4- Leaders 3- Class Council 2,3,4- NHS 3,4- Ski Team 2- Daisy-Weed 4- Boys Swim Team Coach 3,4- p. 42.

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WOOD, STEPHEN MARSHALL - 80 Morningside Dr.- Woody- Football 1,2,3,4 Capt. 4- Ski Team 1,2,3,4 Capt. 4- Tennis Team 1,2,3,4- Key Club 2,3,4- Class Council 4- Class Marshall 3- Daisy-Weed Coach 4- p. 48.

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ZUCKERMAN, JOEL B. - 97 Tecumseh Dr.- Zeb- Class Council 4- Ski Club 2,3,4- Baseball 1- Wrestling 1- Senior Class Play 4- p. 26.

...WITH SPECIAL THANKS TO



Edgar Craver



Barbara Laub



Roger LeBlanc



Joan Low



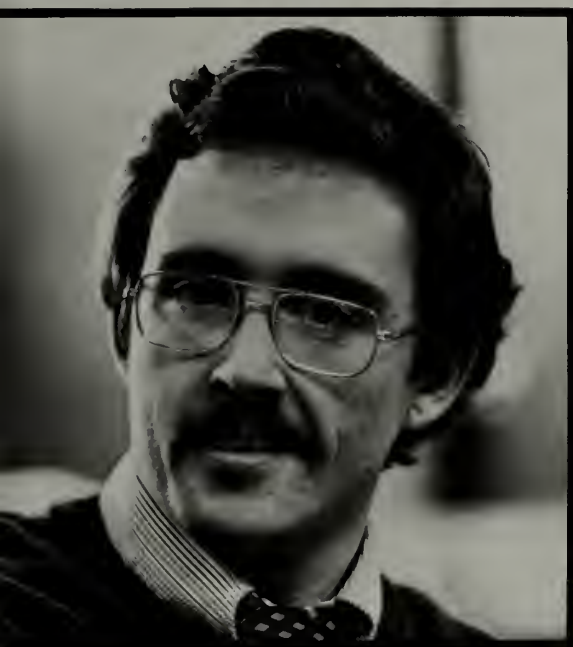
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DEDICATION 1978



The Serfs



The life of a serf is comprised of many different stages — each of which aids this member of the kingdom in his ascent up the ladder of success. When the serf reaches a certain level in his life, he is promoted to the staff working in the castle. After leaving the outlying fields of the kingdom and entering the principle abode, a new servant is able to discover some of the many freedoms and responsibilities which lie in wait. Each year the servant is rewarded for his diligence and promoted to a higher level,



also gaining a deserved elevation of status. The first of the four years spent in the castle is devoted to becoming accustomed to the routine and in becoming involved in the opportunities available. The following year, the lowly serf is made a castle servant and given even more responsibility and opportunities for involvement. Third year is indeed a turning point in the life of the serf — an apprenticeship is awarded to all those who succeed. With this new role the apprentice is able to aquire the knowledge and skills necessary for advancement to the next stage — becoming a noble.



JUNIORS



Junior year is an interesting mixture of surprises, joys, anxieties, and changing roles of responsibilities. The excitement of joining the ranks of "upperclassmen" makes juniors more aware of themselves, and gives them the confidence to assert themselves to fulfill all their desires and dreams. Although most students find that their junior year is the most challenging academically, this challenge is met courageously. Socially juniors come alive as they devote more and more time to developing meaningful friendships, and concentrating on important activities. The junior year is a time to explore limitless possibilities in and out of school, which adds up to an exciting, prosperous year.

President John Wass, Vice President Nick White, Secretary Jan Gracey, Treasurer Diane Cowles. Junior Class Council ROW 1: C. McKeon, J. Gracey, J. Riss, K. Robbins, S. Waldo, C. Fortier, M. Curtis, L. Schwartz, P. Shear, N. Riker, N. Heslen, D. Cowles, D. Glacier, D. Facey ROW 2: E. Beauchamp, K. Kavanaugh, J. Queen, D. Rommell, S. Riggs, K. Muller, B. Sokol, G. Robertson, S. O'Toole, S. Tripp ROW 3: M.J. Grippo, A. Cox, L. Jensen, A. Ecchio, J. Slate, H. Ludwig, M.B. Tortorici, K. Rapa-lus, D. Evans, S. Winer, K. Shine ROW 4: T. Hoyt, K. Ilgovsky, A. Simon, K. Carey, A. Sullivan, R. Lepow, L. Guild, N. White, S. War-shaw, M. Sullivan, G. Goodman, J. Roma, D. Cohen, M. Gold, J. McMa-hon, M. Morris, H. Davidson, D. Caron, P. Stewart, A. Savich, M. Benander, B. Snyder.

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G. Cambi	M. Chase	C. Copeland			



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M. Mailman
J. Mandell
J. Mannix
S. Margolis
S. Marr
G. Massa
P. Mathisen

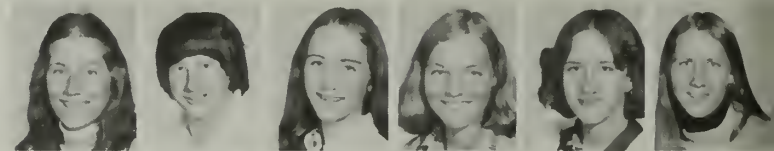
J. McCann
L. McCauley
M. McCauley
P. McCauley
E. McCullough
M. McDermott
C. McKeon

J. McManon
D. McManus
M. McManus
P. McNair
R. McNally
D. Mech
P. Mentor

R. Merullo
L. Midura
J. Mihaiu
C. Milroy
J. Minardi
P. Mooney
J. Moriarty

M. Morris
K. Muller
S. Nestel
B. Nichols
L. North
J. Novello
J. Nutter

D. O'Connell
J. O'Connell
L. O'Connell
B. Okun
S. O'Toole
W. Ottani
A. Palczynski



W. Pappas
D. Pardo
D. Paskins
B. Paulides
A. Payne
S. Pearson
A. Peck

A. Peet
J. Pelletier
T. Peters
G. Petrucci
J. Philbin
S. Pistrich
C. Plaus
D. Poppo
T. Pratt
J. Press
M. Prybylo

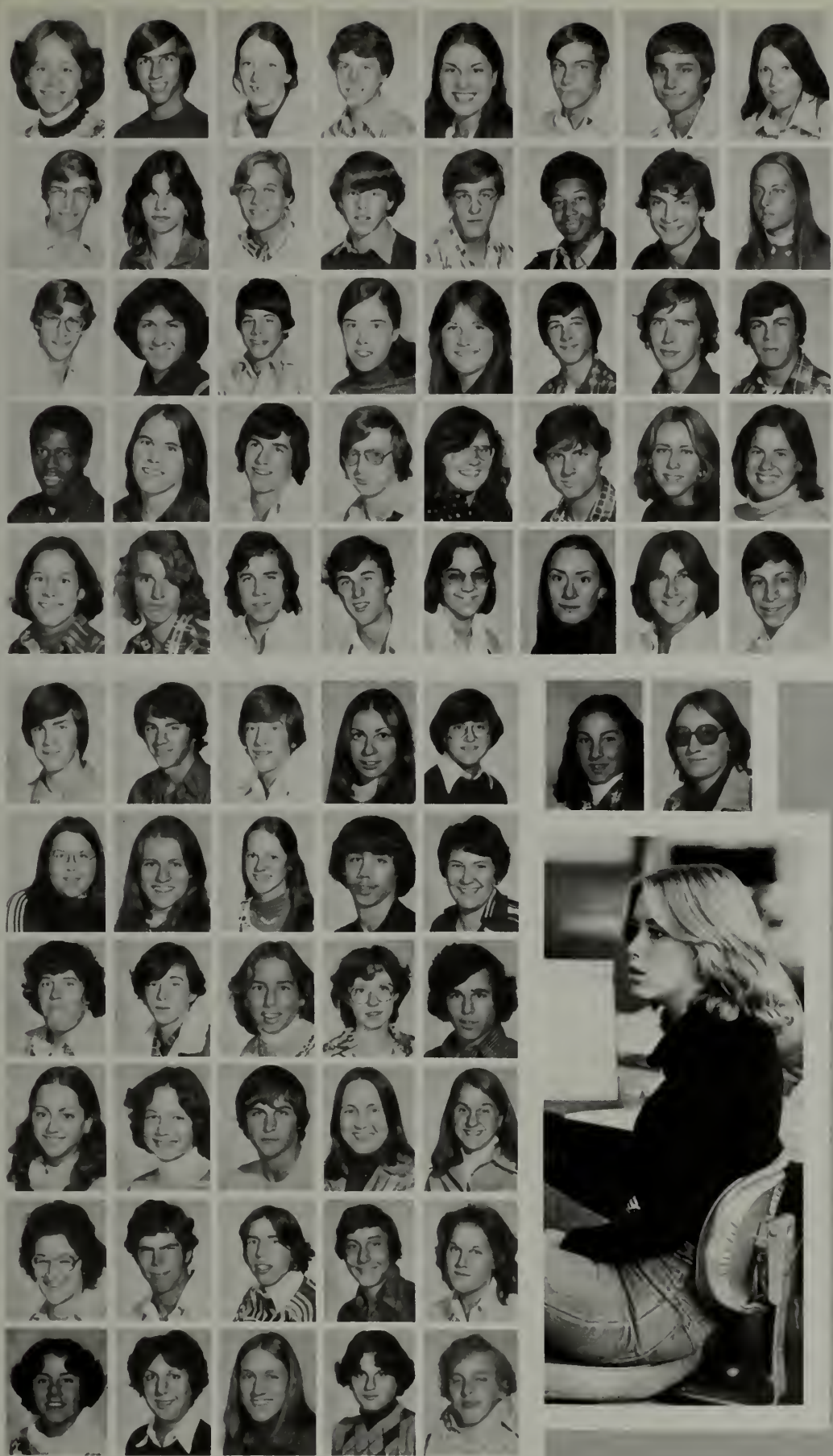
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D. Radner
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D. Rapalus
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A. Reece
C. Reed

H. Ricco
R. Richfield
S. Riggs
N. Riker
F. Riley
J. Riss
G. Robbins
K. Robbins
A. Roma
G. Rome
D. Romell

J. Romer
L. Roses
M. Rosol
K. Rossiter
H. Rowe
C. Rubin
P. Rubin

S. Rutherford
J. Ryan
D. Sand
J. Sands
P. Santos
E. Sattler
A. Savich

T. Scavone
D. Schaaf
E. Schermerhorn
N. Schicker
D. Schintzer
C. Schube
L. Schupack



L. Schwartz	R. Simon	S. Squire	M. Sweitzer	M. Tortorici
A. Sears	R. Sherman	C. Stelzer	T. Sweitzer	S. Tripp
S. Sears	C. Siveck	M. Stenstrom	K. Tate	M. Turner
T. Settles	B. Skelly	P. Stewart	D. Tauber	C. VanWagner
P. Shear	J. Slowey	J. Stollstorff	B. Taylor	G. Vedder
C. Sheffield	B. Smith	M. Stover	B. Tedeschi	K. Venti
K. Shine	C. Smith	A. Sullivan	E. Thomas	J. Villeneuve
P. Shrair	J. Smith	J. Sullivan	J. Thomas	R. Volk
L. Shultz	T. Smith	K. Sullivan	L. Thompson	S. Waldo
S. Siff	R. Snyder	M. Sullivan	D. Tick	C. Wareham
A. Simon	B. Sokol	K. Surniak	B. Till	S. Warshaw
				J. Wheeler
				K. Wheeler
				N. White
				S. Wilochka
				S. Winer
				S. Winniman
				J. Woods
				S. Woods
				D. Yesu
				C. Zinnen
				R. Zundell

SOPHOMORES

President Scott Zucker, Vice President Dean Appleman, Secretary Peggy Creed, Treasurer Becky Woods. Sophomore Class Council: ROW 1: B. Crosby, A. Philbin, K. Simmons, B. Rubin, M. LaMarre, D. Hannigan, B. Moomjian, M. Rich, A. Sands, J. Dooley, D. McGuinness, L. Stebbins, S. Reed ROW 2: E. Cain, P. Venti, M. Beauchamp, P. Orenstein, E. Bettigole, L. Cohen, M. Wernick, A. Grant, M. Sears, K. Paige, A. Duclos, L. Athas, K. Yaffee ROW 3: L. Roberts, M. Asseo, K. LeDuc, S. Bonasoni, L. Elliot, J. Staples, M. Seagul, K. Padwater, L. Poppo, L. Novello, L. Schiffman, J. Riley, C. Gurkie, T. Collentro, D. Tooker, V. Kimball, L. Briggs, L. Griffin, D. Trachtenberg, S. Bader, R. Carlson ROW 4: D. Weiss, B. Jones, P. Schoenberg, A. Chabot, D. Schupack, S. Leavitt, T. Weston, E. Shammash, S. Burnett, R. Wood, K. Riley, A. Kenler, D. Shapiro, D. Soloman, B. Sherman, S. Krasner, M. Contos, A. Secondo, S. Hotaling, A. Bazil, J. Chambers, J. Smith, B. Caron, D. Pratt.



No longer freshmen, but not yet upperclassmen, sophomores are assigned the difficult task of struggling to keep their identity in a year that most people tend to forget is there. Sometimes lost in the depths of high school life, the sophomore is often alone in his struggle, torn by conflicting emotions. It is a year of establishing goals and values, of not only accepting responsibility, but reaching for it and taking it on. The final products of the sophomores' struggle can be seen in the unique accomplishments of many of the members of the class of 1980. This years class has shown an ability to face their problems head-on, with determination and hard work; gaining knowledge about themselves, the school, and the direction they are heading toward in solving these problems.



E. Abdow
M. Allen
D. Angerami

S. Anzalotti
D. Appleman
D. Appleman

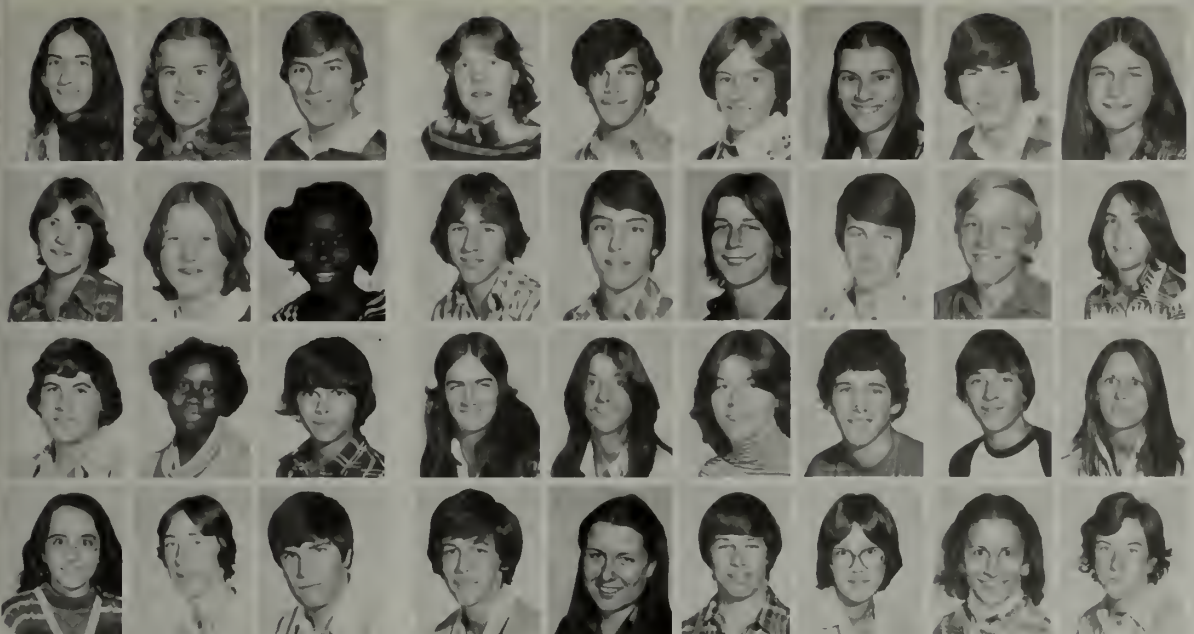
D. Aronson
M. Asseo
M. Athas

D. Axler
R. Bailey
T. Bailey

T. Bajek
W. Baldwin
M. Barbalias

R. Barnshaw
C. Barry
P. Bascom

G. Bassell
E. Bassett
A. Bazos



M. Creed	D. Cruz	T. Daley	C. Davidson
B. Creelman	W. Cunningham	S. Damon	J. Davis
M. Crosby	D. Curtis	M. Danalis	C. Dawson
K. Croteau	M. Czelusniak	D. Dangelo	R. Defelice

A. Beaton	E. Broad	R. Camerota
M. Beauchamp	N. Bronner	K. Campbell
B. Becker	F. Brown	R. Campbell
S. Bernardo	T. Budington	B. Cantor
S. Betsher	R. Buffum	A. Caputo
E. Bettigole	S. Burnett	M. Cardwell
C. Bisikirski	A. Burton	R. Carl
S. Bonasoni	L. Butterfield	R. Carlson
G. Boudreaux	E. Cain	B. Caron
J. Bregianes	P. Cain	L. Cartwright
L. Briggs	J. Cameron	C. Caruso

A. Castagna	R. Colantoni
A. Chabot	S. Coleman
E. Chilson	C. Concotilli
M. Chiz	C. Connell
D. Cohen	S. Conner
S. Cohen	M. Contos
L. Cohn	T. Craven



J. Deliso
R. Denehy
C. Dennis
D. Desmarais

R. Diamond
J. Dillon
L. Dinoia
J. Diplacido



B. Dodge
B. Doherty
K. Donahue
J. Dooley
J. Dropkin
A. Duclos

T. Dunlevy
D. Dzwilewski
C. Edmunds
E. Ehrenberg
L. Elliot
T. Ely

E. Fauteux
L. Feinberg
R. Ferrara
G. Ferrazzu
J. Ferrero
T. Finch

J. Fisher
M. Fisher
D. Fisk
J. Fitzgerald
T. Fleming
J. Fletcher

J. Franson
G. Frost
S. Gellerman
G. Gentile
P. Gill
R. Glasgow
C. Goerke
S. Goldaper
A. Goldberg
H. Goldsmith
D. Gomez

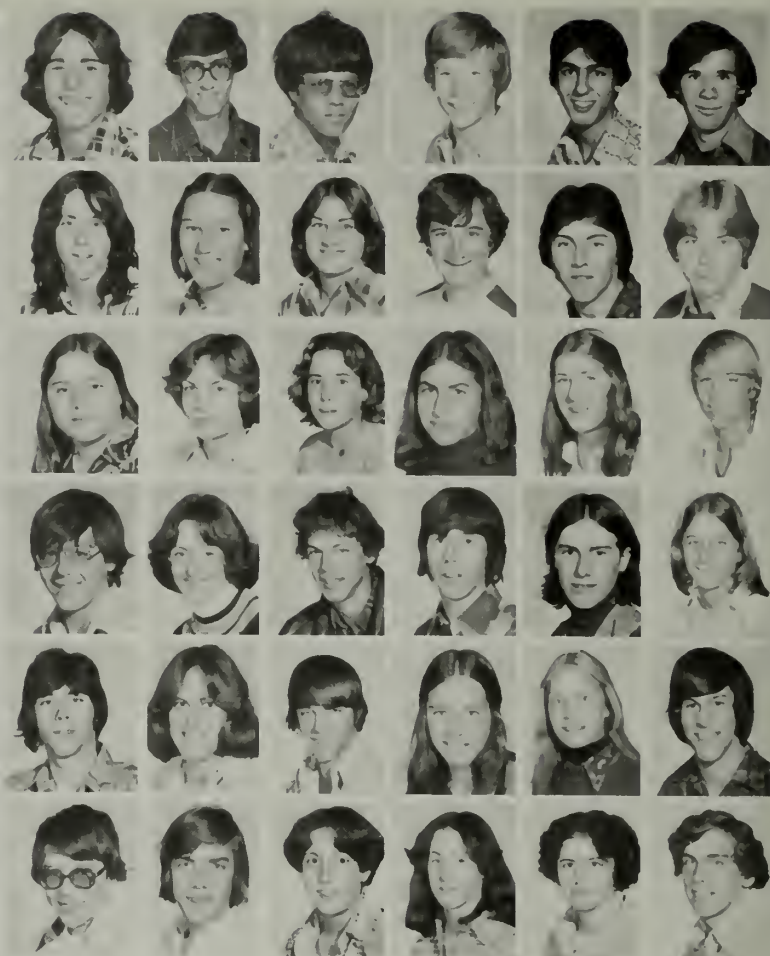
A. Grant
K. Grant
A. Greenspan
L. Griffin
R. Gringheim
L. Grippin
K. Gruskin
L. Guild
B. Halliday
W. Hammett
V. Haramut

T. Harney
P. Harris
D. Hartigan
T. Hatch
G. Havens
S. Havens
J. Heye
A. Hochberg
M. Holmes
D. Hoovis
S. Hotaling

J. Hurley
J. Iennaco
L. Jacobson
J. Jones
L. Jones
M. Joyal
J. Joyce
K. Juthe
M. Kannavos
B. Kantor
J. Karpovich



Kassanos	D. Kirk	M. Lammre	M. Lebel	A. Maslow	P. Miller	R. Mouchantat	N. Meyers	P. Navazio	G. Oliveri
Katsounakis	J. Klenk	A. Lamontagne	K. Leduc	M. McClure	G. Moomjian	H. Murphy	J. Nash	K. Nereu	P. Orenstein
Kavanagh	A. Knights	G. Lamoureux	C. Lenihan	D. McGuiness	B. Morrissey	G. Musen	K. Nassar	L. Novello	K. Padwater
Kelly	J. Krach	J. Landon	B. Levesque	J. McNamara					
Kelly	S. Krasner	S. Law	P. Levine	R. McTaggart					
Kenler	K. Kusiak	E. Lawson	A. Leiber	J. Mech					
Kennedy	S. Kuzon	J. Lawson	P. Loizzo	L. Meltzer					
Kerlinsky	L. Lesperance	T. Leary	J. Loughman	F. Meunier					
Kimble	M. Lachman	J. Leavitt	S. Malone	J. Meyers					
King	L. Lafrance	S. Leavitt	L. Maruca	D. Maney					



M. Paige
C. Paquette
M. Passineau
K. Pepin

R. Petlock
C. Petrucci
L. Phaneuf
A. Philbin

O. Phillips
M. Picard
E. Plowman
J. Podgurski
J. Pollack
M. Polman
L. Poppo
D. Pratt
K. Preston
N. Psaltis

S. Ransom
M. Reaves
S. Reed
J. Reilly
M. Rich
K. Riley
S. Riley
M. Ringey
K. Riordan
L. Roberts

R. Roberts
L. Rodalkis
L. Roden
J. Roth
W. Rowe
B. Rubin
L. Rucks
S. Rushbrook
M. Saba
M. Saventi

J. Sanders
D. Sand
A. Sands
R. Sauve
K. Schiaffino
L. Schiffman
P. Schoenburg
D. Schupack
C. Schwartz
S. Schwartz

W. Scibelli
R. Seabury
M. Sears
S. Seay
A. Secondo
M. Seagall
N. Settembre
E. Shammash
D. Shapiro
L. Shear

A. Sheehan
T. Sheehan
D. Sherman
D. Sherman
W. Sherman
M. Shoen
E. Shuttleworth
E. Siegel
K. Simmont
J. Simpson



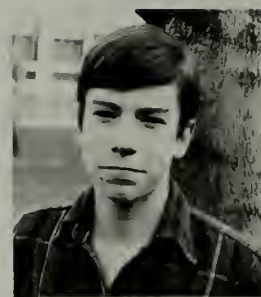
K. Waldron	K. Wellman	L. Williams	K. Yaffe
J. Walsh	M. Wernick	L. Wilson	B. Yarrows
D. Webler	T. Weston	R. Wood	K. Zerbato
S. Weinberg	E. Wheeler	R. Woods	T. Zimmerman
D. Weiss	D. White	J. Wright	K. Zinnack
B. Welch	M. Wilks	J. Wrona	S. Zucker

J. Smith	L. Stebbins	R. Tarallo	D. Trachtenberg
D. Solomon	J. Stein	T. Tenero	G. Tranghese
N. Sophinos	J. Stephen	H. Thorburn	M. Trantor
M. Solomon	T. Sterritt	D. Tooker	M. Tripp
G. Squire	E. Stewart	B. Tougas	J. Trzcinski
J. Staples	T. Stueckel	R. Tougas	M. Tyminski
			J. Ulan
			E. Urstadt
			P. Vatrano
			P. Venti

FRESHMEN

Freshman year—certainly one of the most difficult, confusing years in the life of a student. New faces and subjects, a new school, and the amazingly large upperclassmen combine to perplex and plague the freshmen. For most students the first year in high school provides fantastic opportunities for getting involved in classes, clubs, sports, and with new people. Activities and experiences lie in wait for the freshmen to explore and conquer. A small part in many frosh longs for the security and the carefree days of an eighth grader. For with the commencement of high school, the student is taking the first real steps toward the future. They may be tentative shaky steps, but they eventually develop into a steady gallop as the student waves goodbye to childhood and accepts the duties, responsibilities, and the higher level of maturity that comes with being a freshman.

President Terry Ditmar, Vice-President Scott Hanson, Secretary Carol Tomko, Treasurer Tom Creed. Freshman Class Council: ROW 1: A. Feldman, M. Gerstein, K. Stenstrom, A. Smith, K. Curtis, K. Gianelly, K. King, L. Lawson, K. Pennington, N. Fuller, A. Theocles, D. Deslauriers, M. Marxson ROW 2: R. Brandwein, P. Baskin, J.B. Lyon, D. Henshaw, M. Cohen, L. Snyder, S. Spitzer, M. Lucier, L. Piccard, J. Rapalus, J. Kumiega, G. Paige, I. Dasko, B. Regan, A. Brown, E. Davidson, K. Kinsley, L. Spitz, P. Leibman ROW 3: S. Ravosa, L. Pano, C. Ransom, K. Briggs, A. Mattocks, D. Murphy, J. Rinaldi, K. Murphy, L. Crosby, B. Roth, K. Griffin, P. Ratkowsky, D. Robertson, L. Cummings, J. Carey, J. Grippo, K. Katz, V. Fineststein, S. Grasso, A. Weisman, E. Freedman, F. Skoler



J. Allen
M. Allen
J. Alwitt

K. Anderson
B. Andrews
S. Andrews

P. Asselin
R. August
S. Bailey



N. Barnard
K. Barz
G. Basile
P. Baskin
C. Bearce

D. Beaton
L. Beauchamp
P. Beauchamp
G. Beaumier
S. Becker

T. Belcher
M. Benoit
J. Berman
M. Black
M. Black

J. Blanchard
J. Blum
W. Bogoff
C. Bonnell
J. Bott



K. Boudreaux	C. Burger	M. Carnahan	M. Corcoran	L. Danio	D. Deslauriers	D. Dineen	P. Duessel	R. Emery
J. Bowen	C. Burgess	N. Carnahan	D. Cort	I. Dasco	G. DesRobertis	T. Ditmar	A.M. Dziki	W. Enko
S. Bradford	M. Burns	J. Carroll	D. Cowles	E. Davidson	P. Destephano	J. Donner	C. Edler	S. Fanelli
D. Brand	H. Burt	J. Climo	T. Creed	J. Dawson	J. Deters	T. Doyle	M. Edmonds	M. Farrell
R. Brandwene	L. Bushey	R. Coburn	S. Crepeau	M. DeMarche	G. Diefenderfer	S. Duckman	S. Ehrenberg	
K. Briggs	Z. Butzky	E. Coco	P. Cress					
N. Broadbridge	R. Bye	D. Cohen	L. Crosby					
S. Broomfield	D. Calvanese	M. Cohen	D.					
A. Brown	M. Campbell	P. Cohen	Cruickshank					
N. Brown	J. Carey	R. Cohen	L. Cummings					
C. Brush	T. Carlson	A. Concotilli	K. Curtis					
			J. Czelusniak					



S. Favreau	D. Figgie	M. Fontaine	E. Freedman
V. Feinstein	J. Fitzpatrick	M. Forsyth	J. Freedman
A. Feldman	J. Flatow	T. Franz	M. Freidman
T. Ferris	B. Fogarty	C. Fraser	S. Freidman



W. Fritz	M. Gladstone	J. Grinspoon	E. Hano	L. Hirsch
N. Fuller	D. Golaski	J. Grippio	S. Hanson	A. Hirschaut
D. Gagnon	D. Goldblatt	D. Gulli	S. Harris	J. Hjelm
D. Garvin	J. Goodman	C. Gustafson	R. Haskins	K. Hochstadt
R. Gebo	K. Gotlib	D. Gutter	G. Hastie	R. Holman
M. Gebron	T. Goulet	R. Haase	K. Heenan	S. Horowitz
C. Gentes	J. Goulston	C. Hafer	P. Heger	H. Hough
L. Gentile	S. Grasso	D. Haley	D. Henshaw	R. Housey
M. Gerstein	A. Greenspan	B. Hall	T. Hermann	W. Housey
M. Gilman	K. Griffin	M. Halon	L.	C. Hoyt

Higginbotham



M. Micucci
A. Midura
C. Miller
P. Miller
R. Mouchantat



J. Huot	K. Jenkins	D. Kantor	C. Killen	T. Landis	J. Little	L. Maney	W. McCarthy
M. Hurwitz	E. Johnson	K. Katz	K. King	M. Lantzakis	R. Liversidge	J. Mann	M. McCauley
C. Hutchins	J. Jones	R. Katz	K. Kinsley	L. Lawson	R. Loughman	R. Mannix	K. McCullough
A. Hutchinson	M. Jorgensen	J. Kay	B. Kipperman	A. Lemay	G. Lowell	K. Marcoullier	C. McGough
R. Ingthoff	J. Joyal	M. Keeley	L. Klein	N. Lenihan	M. Lucier	G. Markoulakis	M. McLaughlin
M. Jackson	S. Kagan	K. Kelleher	C. Knoener	G. Leone	R. Lukas	M. Markson	D. McManus
S. Jacques	T. Kajdan	N. Kellogg	L. Krainson	B. Leveille	M. Lussier	B. Marshall	S. Merullo
			P. Kromm	F. Levitt	J. Lyon	S. Marshall	
			J. Kumiega	R. Lewis	L. Mackler	E. Martsen	
			J. Lachs	P. Leibman	B. Mailman	A. Mattocks	
			M. Ladner	C. Lind	S. Malloy		



C. Murphy
D. Murphy
P. Murphy
T. Murray
C. Nicholson
J. Novello

C. O'Brien
G. O'Connor
H. Odentz
N. Okun
D. O'Reilly
J. Ottanni

R. Pahl
G. Paige
G. Paige
P. Park
J. Parker
K. Paskins

A. Payne
D. Peavey
S. Pelletier
K. Pennington
P. Peters
D. Phelps

L. Picard
P. Picard
J. Pierce
D. Pincus
M. Pistrich
E. Plotkin
M. Porro
M. Potter
A. Pozzuto
B. Press

K. Quinn
J. Rapalus
P. Ratkowski
S. Ravosa
M. Regan
T. Rehbein
J. Reich
A. Reiner

H. Rempel
E. Reynolds
K. Richfield
T. Rico
C. Rinaldi
L. Ringey
J. Riss
M. Roberts

D. Robertson
D. Robinovitz
K. Rogers
S. Ronaldson
A. Rooke
L. Rosenbaum
J. Roth
R. Roth

P. Rubin
S. Rubin
S. Rubenstein
R. Russell
S. Sabin
P. Sacenti
D. Santos
R. Savary



B. Zeroogian
K. Zimmerman



N. Watkins
M. Waxman
L. Webber
C. Weiner

L. Weiner
A. Weisman
P. Welch
W. Welch

D. Wilkins
D. Williams
E. Woods
D. Yesu

L. Schiaffino
D. Schwartz
R. Sciutto
K. Seay
S. Secondo
S. Sellig
S. Selwitz
W. Shapiro
N. Shrair
J. Simmons

J. Sirkin
R. Sisitsky
F. Stoler
S. Slade
S. Slone
A. Smith
L. Snyder
M. Sodano
J. Solomon
E. Sophinas

L. Spitz
S. Spitzer
K. Stenstrom
K. Stenstrom
R. Stevens
L. Strassberger
B. Sturgis
P. Sudnick
K. Suhs
P. Tansey

J. Taylor
W. Teich
A. Theocles
D. Thomas
G. Thompson
D. Thor
H. Tocman
C. Tomko
L. Torff
L. Tortorici

C. Tow
P. Trudeau
L. Vanwagner
J. Venti
J. Vinick
T. Volk
R. Wagner
M. Walbridge
F. Wason
H. Wason



The Dragons



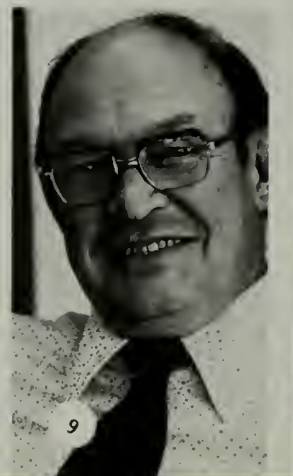
There are elusive creatures living in the kingdom who can usually be seen loping around the castle, leading nobles and serfs alike on wild chases in search of knowledge. The creatures are most often in the form of fire-spewing dragons, but occasionally disguise themselves in various manners. These dragons are admired by all who live in the kingdom for they always strive to complete their goals even through great adversity. There are many fields in which these walking infernos demonstrate

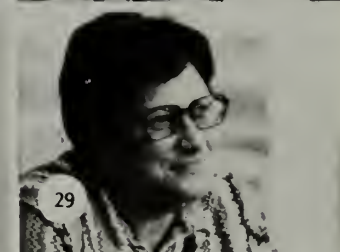
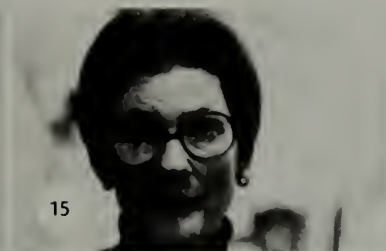


special propensity, from illustration techniques to basic Mendelian ratios. Some specialize in plotting new hunts upon which to lead devotees of dragon-slaying, others opt for more subtle methods of aiding the citizens of the castle, sometimes just by being there when needed. One never knows when a serf or noble will meet up with one of these creatures, it could be at an activity planned for after the dragon-slaying day, or on the jousting field, for all members of the kingdom find the various forms of entertainment relaxing and enjoyable. The dragons found in the kingdom of Longmeadow are a special breed — filled with dedication and enthusiasm for achieving their objectives.



1. A. Teixeira 2. J. Climo 3. D. Kane 4. G. Jensen 5. E. Craver 6. F. Simanski 7. H. Patten 8. E. Rosenberg (former Student Advisor) 9. K. Thwing 10. J. McGilvay 11. J. Low 12. D. Reed 13. L. Noblet 14. I. Beachman 15. M. Berry 16. D. Bonsall 17. M. Derby 18. J. Dwyer 19. P. Goodman 20. C. Grasso 21. J. Lawrence 22. E. Nakos 23. H. Panto 24. D. Perreault 25. M. Webster 26. P. Pratt 27. J. Hurowitz 28. S. Morner 29. B. Katz 30. A. Benson 31. Custodians

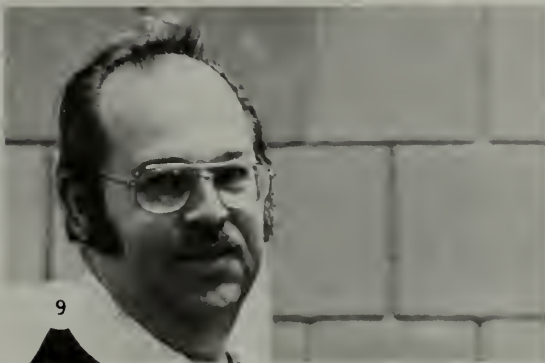




1. M. Michelson 2. G. O'Sullivan 3. R. D'Agostino 4. M. Baird 5. D. Williams 6. M. Deary 7. B. Young 8. F. Girona 9. M. Oltchick 10. L. Segur 11. J. Gregory 12. R. Fil 13. J. Simon 14. M. Harris 15. N. Darsch

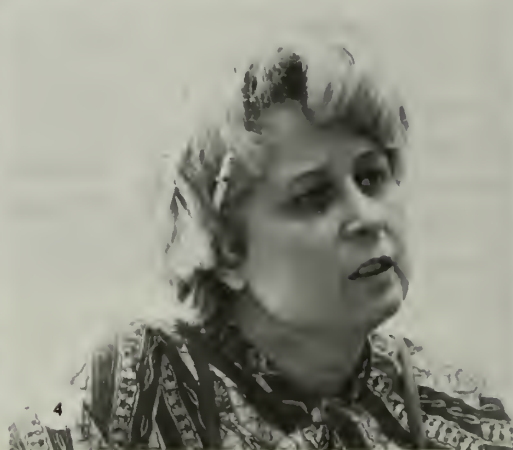
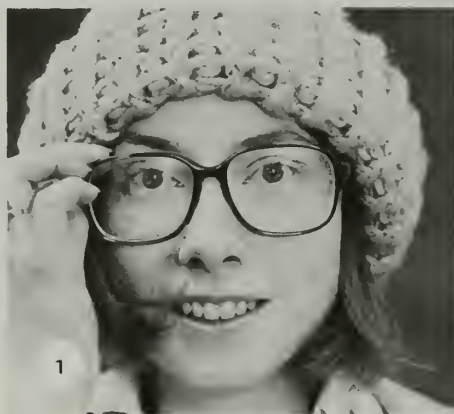
Mrs. Segur was happy to see that so many girls were taking advantage of the Aquatic Program this year.

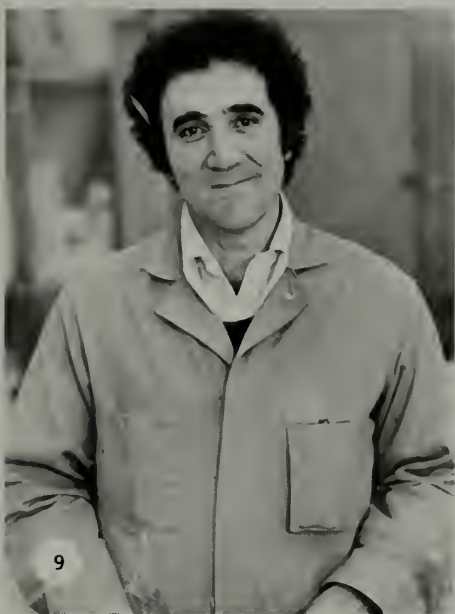




"The art department is fun, exciting and gives the students an opportunity to specialize in things they enjoy."
 "There are lots of very talented people in the art hallway, producing fantastic work. The teachers are excellent-very knowledgeable in their fields, enthusiastic and supportive of the students. Faculties are good, the whole atmosphere is creative and a necessary part of our school."

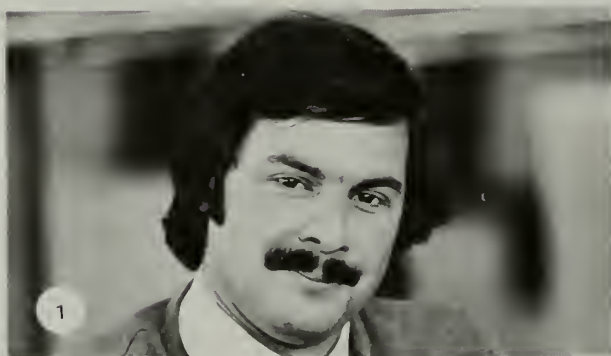
1. E. Broderick 2. S. Feeney 3. B. Laub 4. J. Ebeling 5. R. Katz 6. G. Blakeborough 7. N. Hart 8. G. Williams 9. R. Kuselias 10. A. Jangl 11. S. Anderson 12. G. Lamarre 13. S. Toepfer 14. W. Burkle 15. P. Thomsen 16. M. Baird

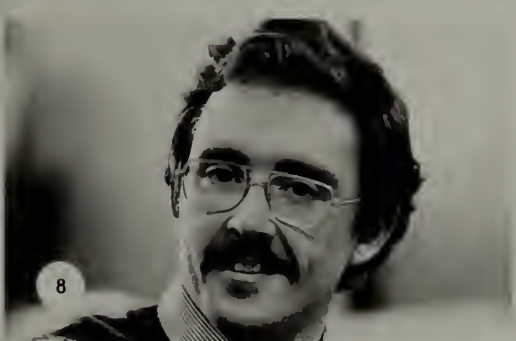
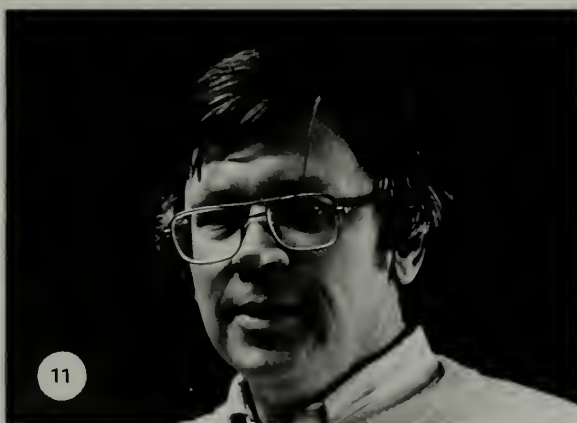




Mrs. Ellis says two of her main goals as a teacher are to influence students to "read with understanding" and to write a "clear, understandable paragraph." She also added, "As I look back on my high school experience, I recall one wonderful English teacher who taught me to love literature and who showed me that a woman can be accomplished and independant."

1. P. Vangsness 2. A. Ellis 3. P. Lynch 4. R. Santos 5. J. Winseck 6. R. Quinn 7. R. McKenna 8. J. Bowler 9. F. Simanski 10. L. Blake 11. M. Gelinas 12. R. Delano 13. S. Ursprung





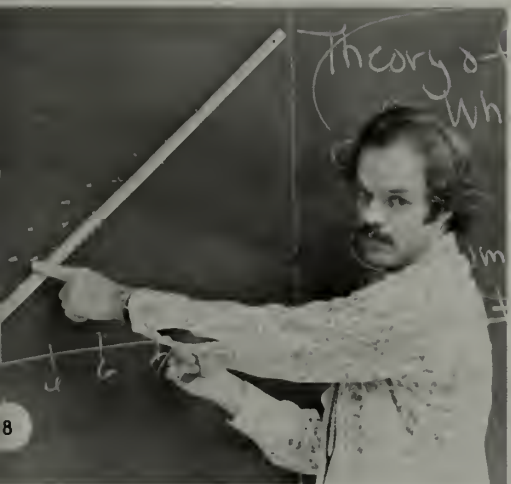
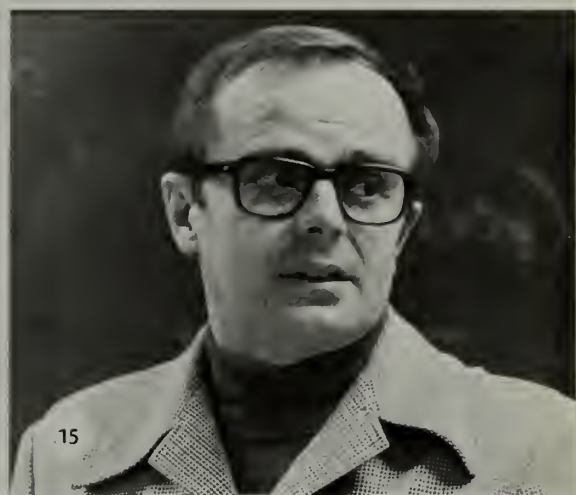


"Experience is a hard teacher because
she gives the test first, the lessons
afterwards."
Vernon Law

One student comments, "The science
teachers, in general, are very
demanding on the students."

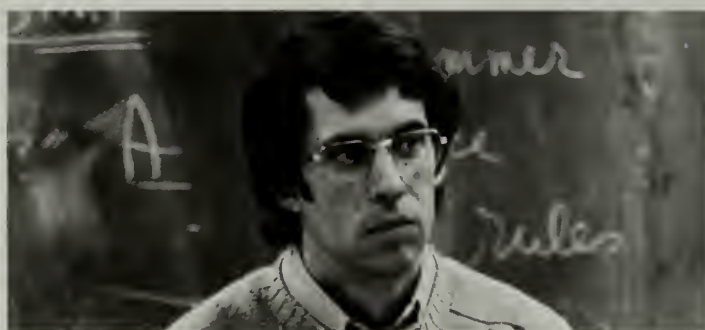
1. P. Miller 2. J. Goodwin 3. R. Merritt 4. J.
Hooper 5. H. North 6. D. Slate 7. L. Sarno 8. R.
Suzor 9. R. Morissette 10. R. Strempek 11. G.
Griffin 12. E. Pratt 13. W. Blanchard 14. C.
Mannheim 15. M. Ferrier

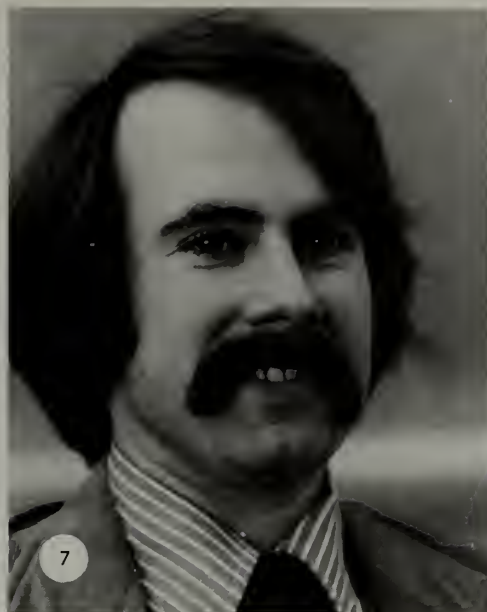




1. R. LeBlanc 2. S. Broderick 3. N. Eaton 4. A. Lynch 5. B. Schlerman 6. W. Kirkpatrick 7. D. Ladd 8. O. Lopes 9. J. Pincus 10. E. Dolgin 11. M. Grant 12. C. Satta

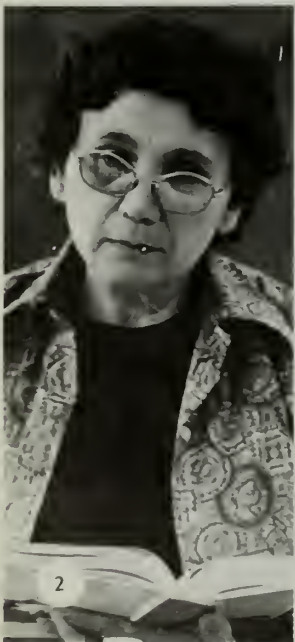
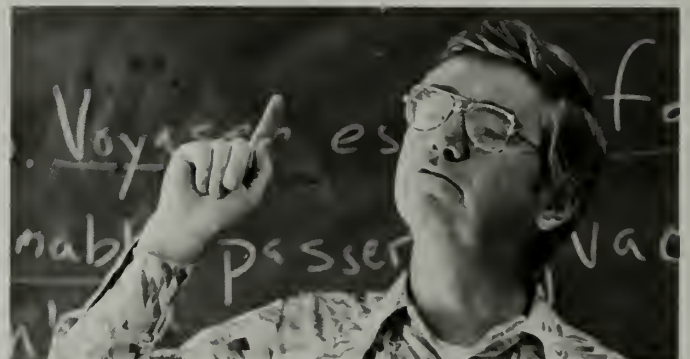
"The English curriculum at LHS is well-rounded and prepares the college-bound student for future needs."

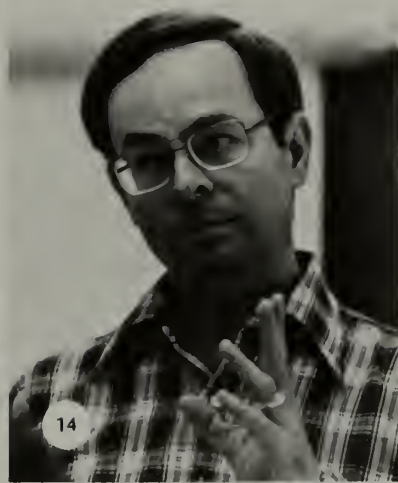




One student comments on taking a language, "It's a good way to expand not only our knowledge of the language, but also of the culture."

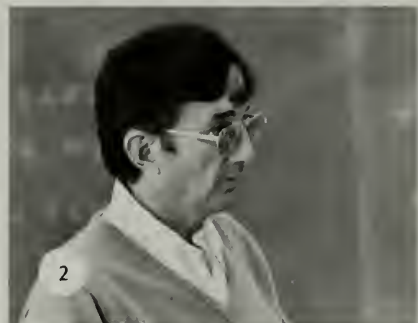
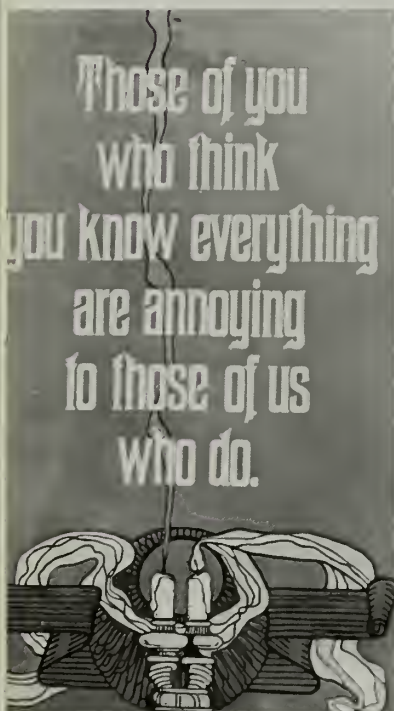
"When you're through learning, you're through."

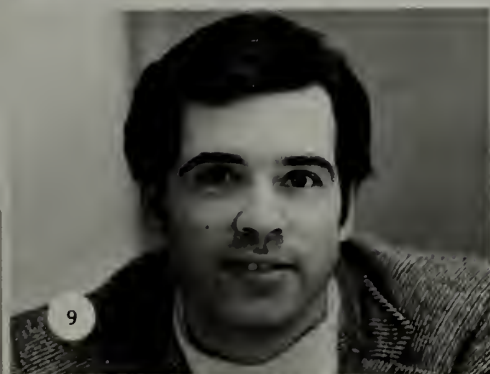
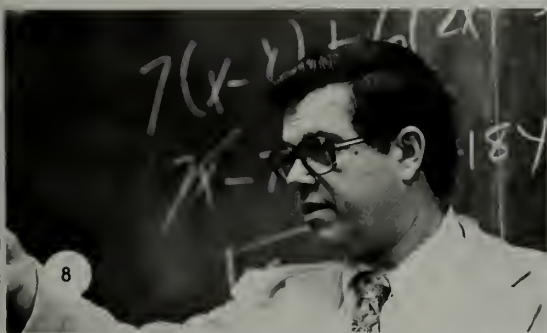
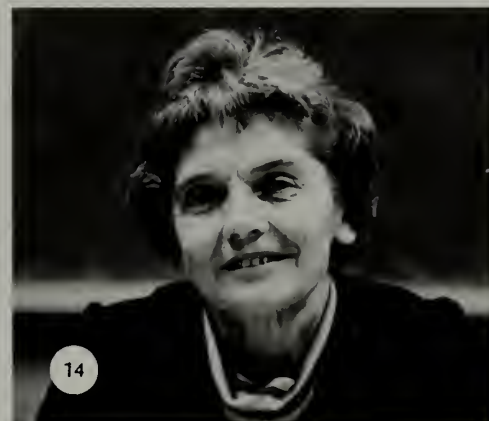
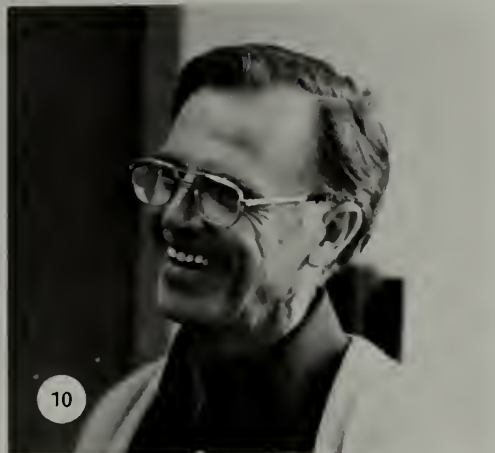
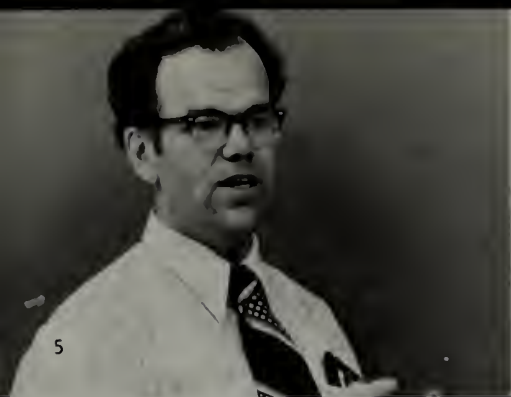




Mr. Nesbitt, in a tribute to the Math Department, stated, "The attitudes, goals and achievements of the mathematics teachers clearly reveal that math at LHS is not simply a matter of memorizing multiplication tables and geometry theorems."

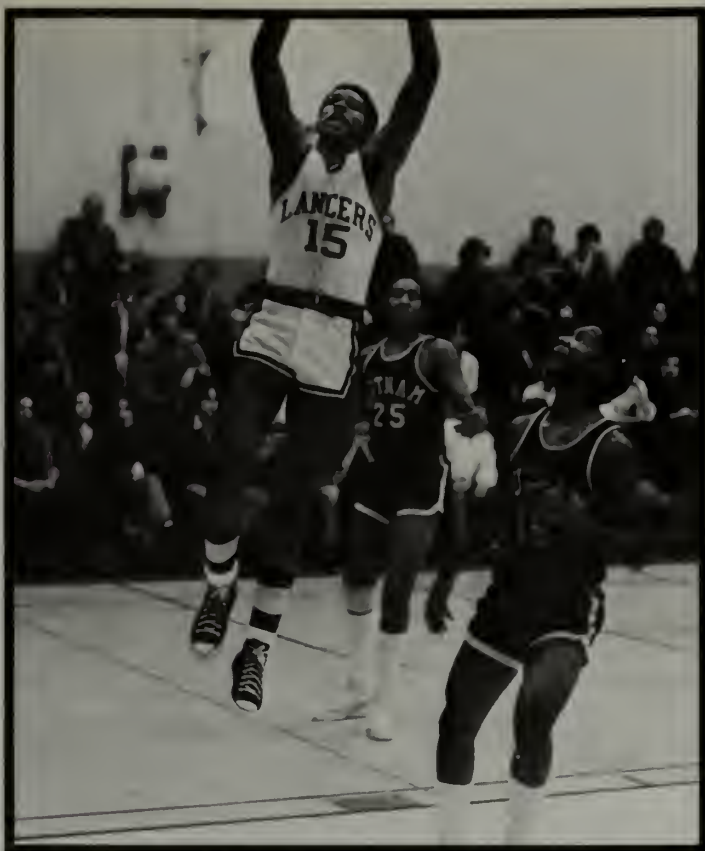
1. R. Ness 2. W. Ahern 3. K. Woods 4. C. Resnick 5. C. Konopka 6. R. Greenwood 7. G. Griffin 8. W. Gatchell 9. A. Gorfin 10. A. Wiley 11. T. Nesbitt 12. L. Pestridge 13. D. Stockwell 14. C. Stephens







The Games...



An important part of the kingdom is the recreation the inhabitants pursue in their free time. As the members of the community are a competitive people, many like to engage in sporting events to test their athletic prowess. The Lancers, as they are called, are a spirited crowd, and at most of the contests multitudes of supporters can be seen. The castle sportsmen compete with rivals from neighboring kingdoms, and take great pride in beating them whenever possible. As the talents within the castle are many and varied, the inhabitants participate in a full complement of games. Although jousting is a bit down from last year, no other games are lacking in popularity.



LANCERS FINE FINALE!

With all the finesse of those knights of old, the Lancers charged to victory this season, once again making the people of Longmeadow proud to be "Lancer born and Lancer bred." At the end of the 1977 season, the football team had a record of 8-2 on the field, and was second in the Suburban League.

The team boasted a very strong defensive line, proven by the fact that the first three games were shut-outs. Seniors Nick Katsounakis and Rob Carey, both picked as All-Western Mass players, led the defense, which was considered the strongest part of this year's team.

Although not as strong as the defense, the offense also held its own during the season.

Senior Bob Jones and sophomore Richard Wood both maintained good running records, with Jones becoming the leading scorer in Division II, often running over 100 yards a game. Other notable passers and runners were seniors John Tomko and Rob Carey, and juniors Pete Kumiega (All-Western Mass) and Rob Leary.

Without doubt, the Lancers' finest moment this season came at the Homecoming game, when the Longmeadow team "slaughtered" the East Longmeadow Spartans for the first time in seven years. The final score was 21-7, with Bobby Jones making all three touchdowns.

"Our success this year may be attributed to the basic requirements of a great team: excellent coaching, abundance of talent, and teamwork; but the real reason we were successful was that we enjoyed the game, and everyone gave all he could to the team effort."

1. Another touchdown for the glorious Lancers! 2. Tackle Craig Kazin shows jubilation after the East Longmeadow game. 3. Junior quarterback Peter Kumiega looks for a receiver as the Lancer offense holds the opposition back. 4.

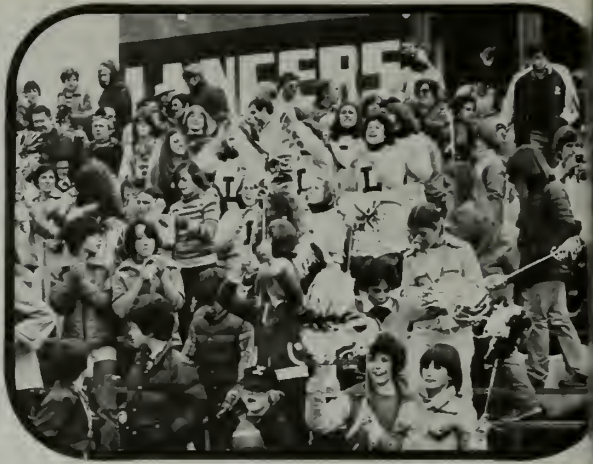
Carrying the ball here for the Lancers is senior Bobby Jones, who carried the ball for 70% of the team's running plays. 5. Varsity Football team-, L. to R., Row 1: R. Carey, J. Sherman, B. Lyons, S. Finch, J. Quinn, J. Tomko, A. Axler, B. Jones, S. Wood, J. Knisley, T. Maloney, B. Woods, S. Millas, R. Leavitt, N. Katsounakis. Row 2: J. Caron, P. Kumiega, D. Yesu, M. Sacenti, J. Foley, P. Loizzo, J. Henrikson, J. Demarche, D. Boyd, S. Koundarakis, R. Leary, D. Mech, C. Kazin. Row 3: Manager K. Zinnack, R. Merullo, D. O'Connell, D. Tick, J. Nutter, D. Abdow, R. Wood, D. White, P. Loizzo, J. Wrona, C. Dennis, P. Climo. Row 4: K. Quinn, J. Dillon, S. Pistrich, B. Nichols, T. Burke, Coaches Deary, Kane, Serafini. Row 5: M. Hoffman, Trainer D. Appleman, B. Miller, Manager P. Kruczynski. Missing: K. Riordan, J. Fletcher, B. Nichols, S. Callentro. 6. East Longmeadow needed more than 49 seconds to alter the score in their favor! 7. Senior John Tomko pushing with might in the game we won 41-7 against Ludlow High.

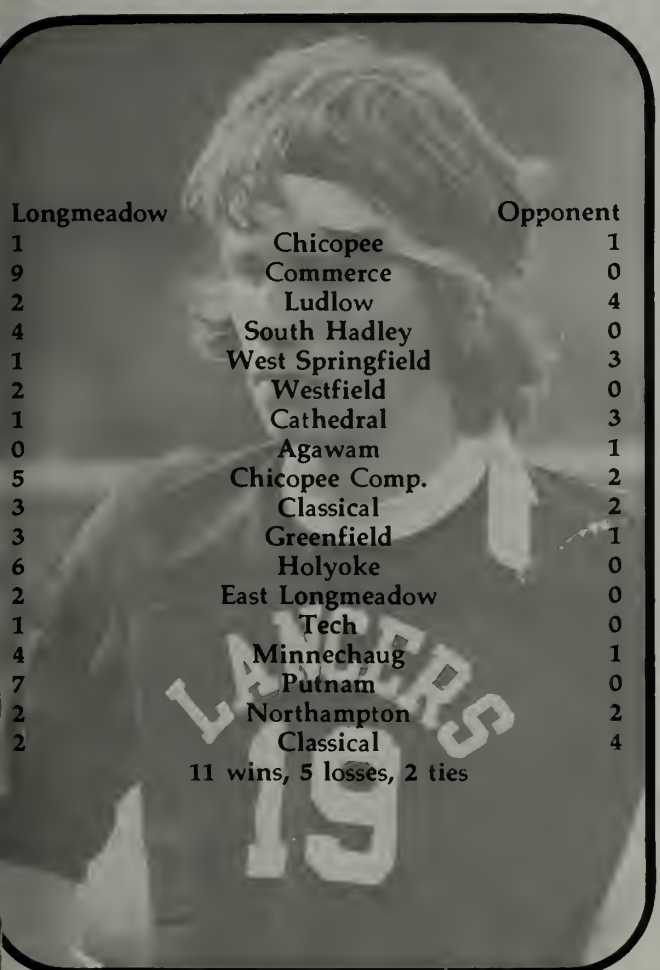




Longmeadow	Opponent	
19	Pittsfield	0
20	Northampton	0
31	South Hadley	0
28	Classical	6
41	Ludlow	7
10	Minnechaug	24
38	Holyoke Catholic	8
26	Amherst	6
25	West Springfield	35
21	East Longmeadow	7
8 wins, 2 losses		







Longmeadow		Opponent
1	Chicopee	1
9	Commerce	0
2	Ludlow	4
4	South Hadley	0
1	West Springfield	3
2	Westfield	0
1	Cathedral	3
0	Agawam	1
5	Chicopee Comp.	2
3	Classical	2
3	Greenfield	1
6	Holyoke	0
2	East Longmeadow	0
1	Tech	0
4	Minnechaug	1
7	Putnam	0
2	Northampton	2
2	Classical	4
11 wins, 5 losses, 2 ties		



The 1977 Lancer Soccer season was the most successful of recent Lancer history. Under the direction of Coach Ron Morisette and assistants Bob "Bullet" Delano and Charlie Johnson, the team was guided to the Western Mass Division II crown with an impressive 11-4 record. Hustle and determination were key factors in the winning season, and the team worked hard under Coach Morisette's philosophy of "Whether we win or lose, I want everyone to say that they did their best towards the team effort." The Lancers agreed that spectator support added a lot to the teams' morale as they faced some tough competition, as well as foul weather conditions. The team started off a little slow against perennial Division I powers Ludlow, West Springfield, and Cathedral. After an unexpected loss to Agawam, the Lancers turned things around with a record of 8-0-1 for the remaining 9 games. These included strong wins over Chicopee Comp, Classical, and Minnechaug.

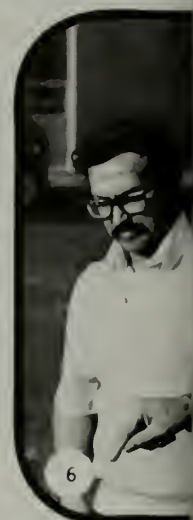
continued on pg. 110

1. Picking up even more yardage is Bobby Jones, who during the season ran 221 times for 956 yards. 2. With the unsolicited help of the J.V. Cheerleaders, the crowd roars on. 3. Freshman Football Team- L. to R., Row 1: B. Leveiller, J. Deters, J. Goodman, J. Roth, T. Landis, D. Gulli, P. Miller, P. Lucas. Row 2: S. Secondo, T. Murray, B. Fritz, J. Grippo, J. Dawson, M. DeMarche, D. Brown, D. Dineen, P. Baskin, C. Gustafson, D. Henshaw. Row 3: B. Kipperman, R. Mouchantaut, J. Kay, J. Fitzpatrick, D. Garvin, E. Johnson, C. Burger, P. Destephano, M. Black, F. Wason, D. Yesu, M. Burns, P. Beauchamp, Coach Harris. 4. Sophomore Richard Wood-who made the Suburban All-League team- trying to gain yardage for the Lancers. 5. All-Western Mass Lancer Peter Kumiega showing what led to an average of 40 yards punting during the season. 6. Get that ball through! 7. Freshman Soccer team- L. to R., Row 1: T. Doyle, M. Cohen, D. Figgie, J.B. Lyon, D. Cowles, R. Haase, M. Waxman. Row 2: R. Sisitsky, P. Peters, E. Hano, P. Heger, H. Remple, S. Hanson, J. Carroll, J. Novello, B. Inglehoffer. Row 3: Manager T. Creed, E. Freedman, R. Coburn, J. Solomon, M. Fontaine, P. Ratkowski, T. Ditmar, L. Rosenbaum, J. Vinick, D. Thomas, Coach Mike McCarthy. 7. J.V. Soccer team- L. to R., Row 1: S. Burnett, D. Sherman, E. Siegel, D. Appleman, P. Navazio, B. Rowe. Row 2: D. Fisk, N. Psaltis, D. Shapiro, S. Damon, B. Okun, B. Ferrara, B. Dodge. Row 3: T. Finch, B. Baldwin, D. Soloman, S. Margolis, A. Maslow, A. Chabot, G. Goodman, D. Webler, J. Chambers, T. Weston, J. Wright. Missing: Manager J. Cameron, Manager T. Finch, G. Hastie, T. Little, J. Smith, Coach Roger LeBlanc.

LANCERS GO FOR GOALS

"Rockin" Rob Paulides was the leading scorer, with starters Bill Meade, Peter Gutermann, and Colin Harrington adding further strength to the team. Forwards Ken Vincunas, Brooke Paulides, John Deliso, and Ed Harney added extra depth and scoring power, while halfbacks Gregg Vatrano, Mike Hurwitz, and Lester Maslow were important to both offense and defense. The European style of Richard Evers, combined with the tough tactics of Jay Nichols, Andy Janik, and Bobby Snyder helped make our defense one of the strongest in Western Mass. Goalie John Wass proved invaluable as he made many outstanding saves in the net. But perhaps the greatest single factor contributing to the Lancer success was their ability to combine diverse talents and work together into one, most effective team.

1. That's using your head, Rob! 2. Junior Mike Hurwitz shows his soccer ability as he heads downfield with the ball. 3. Senior fullback Peter Gutermann tries to maintain possession of the ball in a game against West Side. 4. Goalie John Wass shows some of the talent he used throughout the season to keep the Lancers winning. 5. Greg Vatrano pauses here for some quick refreshment. 6. Coaches Morissette and Delano going over some game strategies during the half. 7. Back Jay Nichols squares off with East Longmeadow's #10 in an attempt to keep the ball in Lancer control. 8. Rich Evers displays some more fancy footwork in keeping with the Lancer tradition of "giving it your all." 9. Lester Maslow retaliates here with some Lancer aggressiveness. 10. Varsity Soccer team- L. to R., Row 1: C. Harrington, K. Vincunas, B. Sheehan, S. Grinspoon. Row 2: L. Maslow, D. Damon, R. Paulides, P. Gutermann, G. Vatrano, J. Nichols, E. Harney, J. Wass. Row 3: Manager P. Cardwell, Coach Ron Morissette, B. Paulides, B. Snyder, B. Meade, B. Woods, S. Marr, G. Mader, M. Hurwitz, R. Evers, P. Mentor, J. Deliso, Coach Bob Delano. Missing: A. Janik, B. Smith.







Longmeadow	Oponent
4	Minnechaug 2
1	East Longmeadow 0
0	Agawam 1
0	West Springfield 9
1	Cathedral 8
3	Commerce 4
2	Classical 3
5	Ludlow 3
0	Minnechaug 0
3	East Longmeadow 0
2	Ludlow 4
0	Agawam 3
0	West Springfield 6
1	Cathedral 7
0	Minnechaug 0
3	Commerce 0
0	Classical 1

I LIKE THAT, GIRLS!

In its first year as a varsity sport the Girls' Soccer Team had an admirable season against tough competition. Over 50 girls tried out for the fewer than 25 spots available, and those who made it were really dedicated sports-women. Coach Al Jangl worked the girls hard, and it paid off in games against skilled teams such as Westside and Cathedral, in which the Lancerettes put it all together to play superb soccer.

The determined offense was led by Senior co-captain Sue Connors and Juniors Sarah Waldo, Sarah Nestel, Cindy Fortier, and Sherry Kajdan. Connors and Freshman Kathy Jenkins were leading scorers this season. Strong halfbacks were Seniors Lori Draymore and Kim Kusiak, along with Juniors Lori Jensen and Jean Sullivan, and Jenkins. Paula Schnitzer, Dawn Phaneuf, and Senior co-captain Sara "Mooner" Fein held the defense together with help from big-footed Juniors Debbie Schnitzer and Renée Daskalaskis, and Sophomores Gretchen Havens and Lauren Cartwright. In the goal, Junior Nancy Shicker had an excellent season and helped keep the defense up to par.

The Girls' Soccer Team has become famous for their recipe for having a good time. They have offered to share it with us: Combine some painted faces at a game on Halloween who thought they were original, then found that the other team had done the same thing, and add them to many moons. Mix with some sprints up and down the hill which were actually enjoyed, and some injuries that just happened to come up at the last practice. Sprinkle with a last game in the pouring rain, which everyone wanted to play anyway, and food fights on the way home on the bus when the underclassmen surprised the Seniors with a party . . . "everyone got brownies in their faces!" and "Coached Jangl was covered with powdered sugar!" Next wash the whole mess off in the pool. End by sifting together the girls' and boys' varsity teams for a party at Sara's. The result is a team that had loads of fun on the field and off!

The 1977 season was a tremendous challenge for the Lancerettes. Coach Jangl's sideline comment of "I like that, girls!" became a common sound as the players developed in skill and enthusiasm. The young team looks forward to another great season next year.

1. Senior co-captain Sue Connors out-maneuvers her opponent. 2. Dribbling on her way to a score is Junior Renée Daskalaskis. 3. Senior Paula Schnitzer puts the ball back into play. 4. Girls' Soccer Team: 1 to r, Row 1: L. Draymore, P. Schnitzer, S. Fein (co-capt.), S. Connors (co-capt.), S. Kajdan, D. Schnitzer; Row 2: G. Havens, J. Sullivan, D. Phaneuf, K. Jenkins, L. Jensen, K. Hochstadt, N. Okun, S. Riley; Row 3: M. Curtis, A. Secondo, R. Daskalaskis, N. Shicker, L. Cartwright, K. Muller, S. Nestel, K. Kusiak, S. Waldo, C. Fortier, Mr. Jangl (coach) 5. Senior Lori Draymore flies down the field. 6. Goalie Nancy Shicker seems to say, "I'm tough!" 7. Senior Kim Kusiak makes the stop before the ball goes out of bounds. 8. Junior Jean Sullivan washes off in the pool after a messy game in the rain. 9. Coach Jangl's determination shows through.

JOUSTERS LANCE OPPONENTS

The dedication of the inhabitants of the castle to their various games is often exhibited by the success the team enjoys. Through determination, toil, and an excellent win-loss record, it is possible for a team or individual to earn recognition of their superiority by entering playoff competition. This year, LHS was fortunate to have a good number of its sportsmen and women eligible to compete and succeed in these final contests. Soccer, boys' and girls' basketball, and hockey all entered team semifinals, while gymnasts, swimmers, and divers competed on their own. Although the football team did not further its season with playoffs, it accomplished something more dear to many people's hearts — beating arch-rival East Longmeadow!

The 1977 Longmeadow High School Cross Country team fell somewhat short of expectations, but holds great promise for next year. As always, the Sears twins, Andrew and Stuart, continued to improve. Stuart, already the best distance runner to come out of the high school, set the course record at Longmeadow for any L.H.S. runner. He placed tenth in the Western Mass cross country meet, and was picked by the Springfield Union to be on the All- Western Mass Cross-Country team. Andy was always a step behind, and would have been top man on many other teams. Andy ran the third best time ever for a Longmeadow runner. The teams' coaching was one of the bright spots, and the success of the Sears twins can be attributed to the skill of mentor Joe Winseck. Francis McNally was the third man on the team, Tim Sterritt the fourth.

• Cross-Country team- L. to R., Row 1: M. Ringey, J. Lawson, J. Taylor, D. Deslauriers, J. Walsh, T. Sterritt, B. Halliday. Row 2: A. Sears, J. Cogan, S. Sears, F. McNally, M. Pearl, S. Bailey, C. Copeland. Missing: D. Walsh, S. Tripp, Manager D. Facey, P. Duessal, D. Gagnon, J. Taylor, Coach Joseph Winseck. • Another typical easy workout for the runners of Longmeadow.





Longmeadow	Opponent
44	Chicopee Comp. 18
30	East Longmeadow 25
37	Amherst 21
20	South Hadley 39
25	Ludlow 30
19	Agawam 43
43	Southwick 18
34	Minnechaug 23
5 wins, 3 losses	

UPHOLDING A TRADITION OF VICTORY...

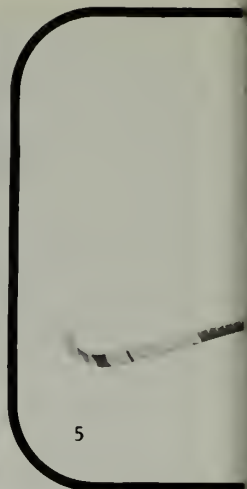
The 1977 Field Hockey team had a tough act to follow after last year's capture of the league championship, but with diligent work all season, they ended with a very respectable 6-3-5 record. Coach Nancy Darsch tried out a new line-up this year with a 5-3-2-1 formation, which initially was difficult to become accustomed to. By mid-season, though, the team was working together well in their new positions, and would not have changed back for anything.

Returning Seniors gave the team its strength with powerhouses co-captain C.A. Campbell, Fay Tractenberg, Gay Hutchinson, Terry Kossoy, and Carolyn Cummings doing their best for a memorable final season. Senior full-back Sally Burnett led the defense with Kim LeDuc, varsity goalie of two years, always on top of things. Senior forward Pam Grayboff added spark to the offense. Co-captain Cindy Johnson and Debbie Harris (high scorers this season with 8 and 5 goals, respectively) each scored 27 goals in their four year Field Hockey careers. Rounding out the varsity squad were talented Juniors Van Radke, Judy Ryan, Martha Prybylo, Linda Doherty, Linda Schupack, and Nancy Campbell, and Sophomores Peggy Creed and Kerry LeDuc, who were great assets to the team.

Stars of the J.V. team were Sophomore co-captain P.J. Venti, Lauren Elliot, and goalie Bonnie Rubin, along with offensive players Becca Jones, Monique Beauchamp, and co-captain Gina Ferazzi. Gina scored a total of 10 goals this season, as the Lancerettes remained undefeated with an 8-0-4 record.

It was a frustrating but fun year of building and changing for the Varsity Field Hockey team, supplemented by extra activities such as gourmet dinners. In spite of the grueling drills and long practices, all of the girls had an exciting season. The underclassmen are looking eagerly towards another chance to uphold the Lancerette tradition of victory next fall.

1. Senior co-captain Cindy Johnson eyes the action. 2. J.V. team: 1 to r, row 1: J. Leavitt, D. Murphy, M. Beauchamp, L. Novello, S. Leavitt, C. Atamian; row 2: J. Blanchard, E. Abdow, C. Petrucci, J. Hjelm, B. Rubin, G. Ferazzi, (co-capt.) Ms. McGinnis (coach), L. Cummings, D. O'Reilly, B. Jones, K. Gruskin, P. Rubin, P.J. Venti; (co-capt.) missing: L. Elliott 3. Sophomore Peggy Creed scrambles for the ball. 4. Debbie Harris surveys the field. 5. Senior Sally Burnett stretches to slice the ball. 6. Watching intently from the sidelines is Senior Fay Tractenberg. 7. Senior co-captain C.A. Campbell is ready for the pass. 8. Junior Linda Doherty passes the ball as Martha Prybylo looks on. 9. Terry Kossoy breaks away toward the goal. 10. Varsity team: 1 to r, row 1: C. Johnson (co-capt.), C.A. Campbell (co-capt.); row 2: F. Tractenberg, C. Cummings, G. Hutchinson, P. Grayoff, D. Harris, K. LeDuc, T. Kossoy, S. Burnett; row 3: A. Killeen (manager), P. Creed, K. LeDuc, L. Schupack, L. Doherty, V. Radke, J. Ryan, N. Campbell, M. Prybylo, Ms. Darsch (coach) 11. Goalie Kim LeDuc takes a break at half-time, thinking about the last save. 12. Pam Grayboff outruns her opponents.





Varsity

Longmeadow	Opponent
2	West Springfield
1	Westfield
7	Ludlow
1	Minnechaug
1	Southwick
3	Agawam
2	South Hadley
0	East Longmeadow
4	Ludlow
0	Minnechaug
1	Southwick
1	Agawam
3	South Hadley
0	East Longmeadow

J.V.

Longmeadow	Opponent
1	West Springfield
1	Westfield
2	Minnechaug
0	Southwick
1	Agawam
3	South Hadley
3	East Longmeadow
4	Minnechaug
5	Southwick
0	Agawam
0	South Hadley
2	East Longmeadow

THE STROKE FOLKS

The 1977 swim team had a very successful season, winning the Columbus Day Relays and placing third in Western Mass. Several well-established school records were shattered throughout the season, and a great deal of talent in underclassmen and much depth in the rest of the team were important factors in the overall record of 8 wins and 4 losses.

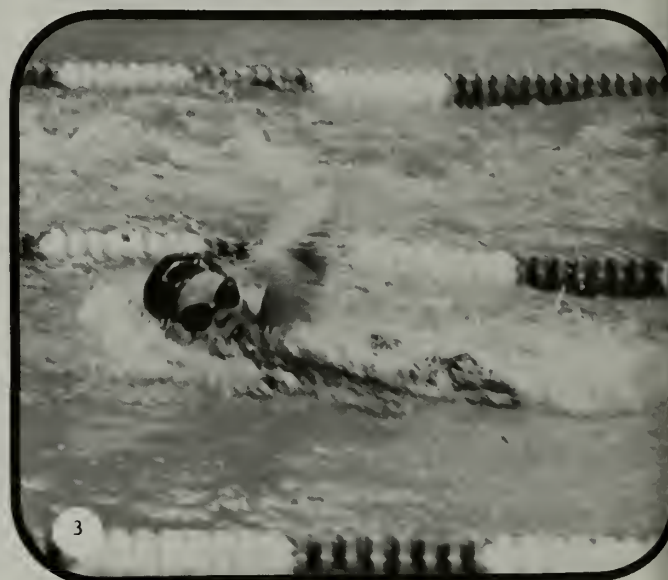
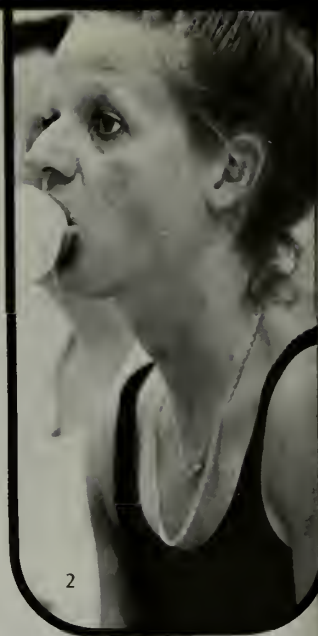
Three outstanding members of the team were Hope Wernick, Brenda Skelley, and Joyce Bott, who were all elected to the Western Mass All-Star team. Senior Hope Wernick, the team captain and high scoring diver, ended the season by placing third in Western Mass. and fifth in the state. Skelley, a junior, was the leading swimmer with excellent ability in both the butterfly and the individual medley. Bott, a freshman displayed superb talent in all free-style events.

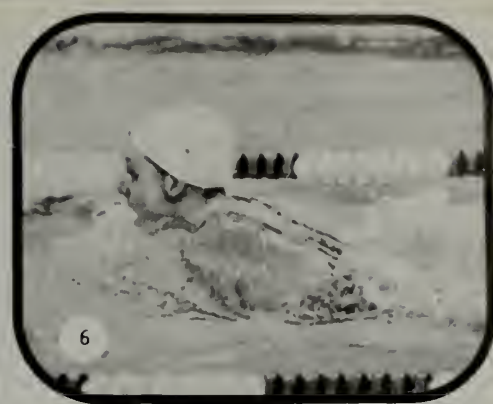
Other individual strengths included Nancy Riker, co-captain of the team, in long distance freestyle, freshman Kathy Griffin, who placed third in Western Mass. in breaststroke, and -Lisa Crosby who excelled in butterfly. Seniors Moira Murphy and Sheila Brennan were also very dependable in freestyle and backstroke.

The divers were traditionally a strong point of the girl's swim team. Along with Wernick's accomplishments, junior Heather Rowe placed fifth in Western Mass. and sixteenth in the state. Brenda Doherty and freshmen Leslie Picard and Stacy Merullo showed great potential for next year.

The swim team owes much of its success to the talent of the underclassmen, not to mention the dedicated coaching of Miss Gregory -and Mrs. Segur. Next year, they will all look forward to a fantastic season.

1 Coach Gregory recovers after an unexpected plunge into the pool. 2 Mrs. Segur blows one of her famous bubbles, while watching the race. 3 Co-captain Nancy Riker glides through the water with perfect ease. 4 Mary-Beth Crosby takes a quick break between races with sister Lisa. 5 l to r, Miss Gregory, Lisa Crosby, Lynne Williams, Robyn Lepow, Co-captain Nancy Riker, Captain Hope Wernick, Heather Rowe, Brenda Skelley, Sheila Brennan, Sara Panto, Laura Spitz, Mrs. Segur. 2nd row- Joyce Bott, Kathy Griffin, Denise Magnan, Mary-Beth Crosby, Martha Tripp, Brenda Doherty, Leslie Picard, Jane Rapalus, Rose McCarthy, Sue Duckman, Jennifer Allen, Nancy Bradford. 3rd row- Becky Stevens, Becky Woods, Lisa Griffin, DeeDee McGuinnis, Lisa Lefebvre, Mary Reeves, Debbie Lefebvre, Debbie Cruz, Marsha Allen. (missing: Moira Murphy, Claire Coughlan) 6 Sophomore Martha Tripp excites the crowd with her fantastic freestyle. 7 Senior captain Hope Wernick gives the camera a radiant smile. 8 Look, it's a bird, it's a plane, no, it's Super Skelley. 9 Heather flies through the air with unbeatable style. 10 "I've just got to win this race," thinks Sheila Brennan as she backs down the pool. 11 Debbie models the latest in swimming attire.





HIGH ELBOW TECHNIQUE

The Lancer Swimming team really managed to stay afloat this year, sacrificing only two meets to Cathedral, ending with a victorious 11-2 season. The team also placed a close second in Western Mass. and third in States, with many promising young swimmers doing excellent times.

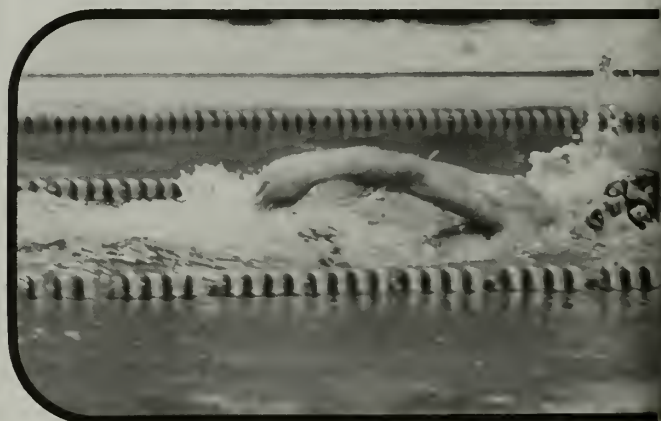
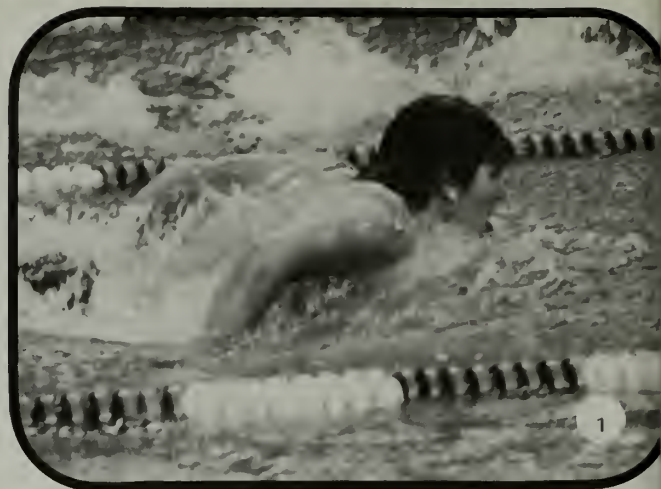
Senior tri-captains Tim Fisk, Bob Griffin and Bill Sullivan led the team that consisted of great depth in skill and age. Mark Michelson's fine coaching ability contributed much to their success, as he used expert technique to get the best performance possible out of his swimmers.

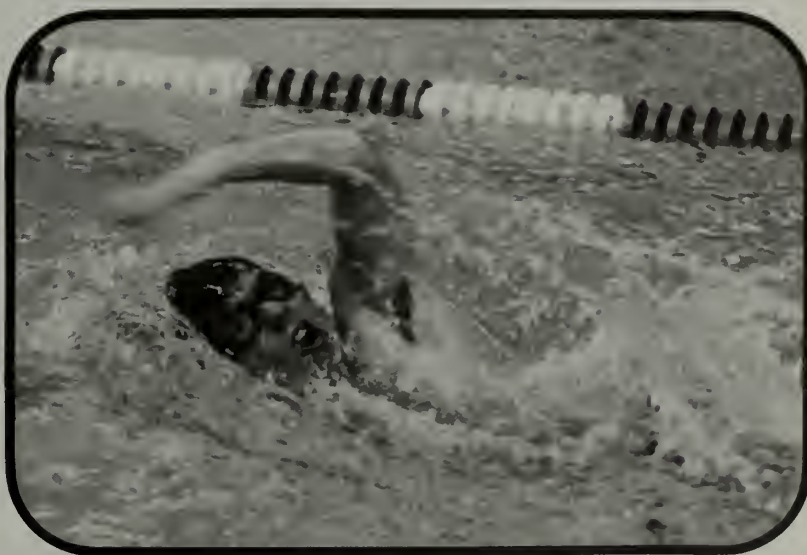
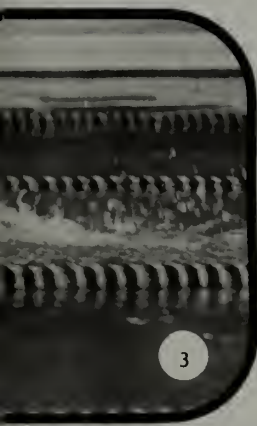
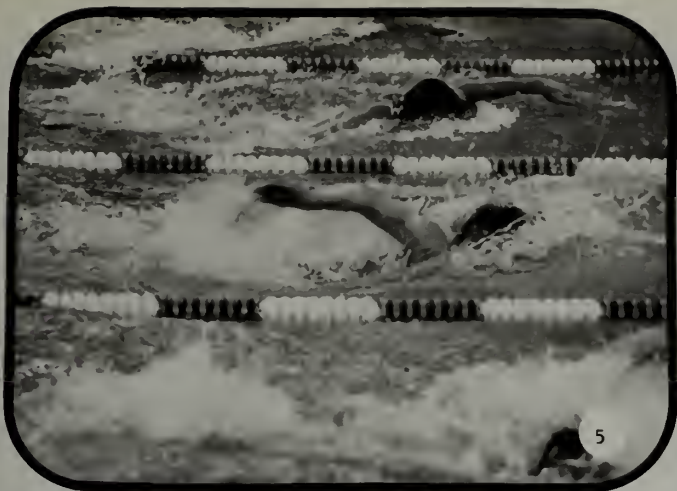
Individual strength came from senior Bob Griffin who won Western Mass. in the 100 yard butterfly, juniors John Bonnell and Louis Midura in the Individual Medley and butterfly, and Mark McDermott in freestyle events. Sophomore Scott Betscher excelled in the I.M. and backstroke, along with freshman Chris Frasier who did a superb job in the 100 yard breaststroke, which got him a second place in Western Mass. competition.

In the diving competition, this year there was a first in recent Lancer history. Under the able coaching skill of Hope Wernick, not only one, but two divers, senior Jay Rubinstein and junior Mike Sweitzer, qualified for State competition and finish 7th and 8th place respectively. The divers also did extremely well in Western Mass., with Mike capturing 5th and Jay coming in 9th. Another promising diver for next year along with Mike is sophomore David Fisk, whose continuing improvement should prove to be very valuable.

After a great season like this one, and with many fine swimmers returning, the general sentiment seems to be that "beyond a shadow of a doubt we will go on to win Western Mass. and States next year with ease"

1. Senior Bob Griffin swims to the wall to win the 100 yard fly. 2. Sophomore Scott Betscher swims the Butterfly leg of the Individual Medley 3. John Bonnell takes a gasp of air while swimming the 200 yard free. 4. Coach Maa swimming the 200 yard free 4. Coach Mark Mickelson 5. A tight finish in the 50 yard free 7. Lou Midura dives for a perfect relay exchange. 8. Captains Bob Griffin and Tim Fisk get the team prepared for a tough meet. 9. Varsity Swim Team, L. to R., R 1: J. Rubinstein, J. Bonnell, M. McDermott, M. Barez, B. Griffin, M. Sullivan, T. Fisk, L. Midura, R. Fairweather, Coach Mark Michelson. R 2: B. Smith, P. Sudnick, C. Brush, B. Press, C. Fraser, J. Walsh, D. Glaser, G. Lowell, Diving Coach Hope Wernick. R 3: A. Greenspan, P. Kurzcinsky, D. Curtis, D. Gagnon, M. Lebl, D. Fisk, M. Sweitzer, Manager David Feir, R 4: J. Smith, S. Betscher, M. Shoen, K. Kusiak, T. Sweitzer, H. Tacman, D. Cohen, L. LeFrance, R. Carlson.





STRETCH AND SHOOT

The Girls' Basketball Team, a tightly-knit group under the able coaching of Ms. Nancy Darsch, faced a lot of tough competition this year. The girls stood up well under the pressure, though, achieving a second place standing in the league. The team was led by senior captains Cindy Johnson (guard) and Gay Hutchinson (forward). Scoring power was provided by senior forwards Kim Kusiak, Joan Shriver, and Gay Hutchinson, junior forward Brenda Skelley, junior centers Nancy Campbell and Kathy Tate, and the leading scorer, junior guard Renée Daskalakis.

Defense was a major part of the Lady Lancers' game and there was plenty of talent in senior guard Cindy Johnson, junior guards Annette Ferazzi and Vanessa Radke, and sophomore Gina Ferazzi. Using a variety of different defensive tactics, the guards held their own and tried to keep their opponents' scoring to a minimum.

The toughest competition came from such notorious teams as Agawam, South Hadley, Commerce, and Minnechaug. In spite of several defeats, the girls always gave their all and showed great skill and determination. The colorful show put on by the team attracted many fans, and this helped to build their confidence throughout the season.

Off-court the team had a number of fun experiences which helped to bind them together into a closely-knit unit. These included such events as a "before the game" breakfast, fire extinguisher ambushes in the locker room, early Sunday morning practices after a long Saturday night, and the traditional end-of-the-season team banquet. Cindy Johnson was the proud recipient of the team's annual "never give up, never give up" award. The girls enjoyed an exciting season and were a super example of the quality of basketball at Longmeadow High School.

1. Center Nancy Campbell sets up her shot as senior forward Kim Kusiak looks on. 2. Going for the lay-up is star guard Renée Daskalakis. 3. J.U.V. Team- L. to R., Row 1: J. Donner, K. Jenkins, J. Riss (capt.), P. Mooney (capt.), D. O'Reilly, K. Padwater; Row 2: K. Kinsley, L. Crosby, B. Kirk, S. Malloy, M. Lussier, Coach McInnis. 4. J.V. guard Kathy Jenkins shoots from the key. 5. J.V. captain Julie Riss out-dribbles her opponents on her way to a score. 6. Varsity Team- L. to R., Row 1: V. Radke, C. Johnson (capt.), R. Daskalakis, A. Ferazzi, G. Ferazzi; Row 2: C. A. Campbell (manager), N. Campbell, K. Kusiak, B. Skelley, G. Hutchinson (capt.), K. Tate, J. Shriver, K. LeDuc. 7. Sophomore guard Gina Ferazzi prepares to pass the ball to a team-mate. 8. In the air for a lay-up is senior captain Gay Hutchinson. 9. Forwards Kim Kusiak and Kathy Tate are determined to prevent their opponents from scoring!





Longmeadow	Opponent
38	Palmer 20
31	Holyoke 35
40	Amherst 46
46	East Longmeadow 39
36	Holyoke 34
25	Agawam 34
63	Tech 26
66	Commerce 62
44	Minnechaug 37
45	Ludlow 44
66	Putnam 26
32	South Hadley 33
35	East Longmeadow 32
46	Agawam 49
49	Tech 24
60	Minnechaug 51
35	Ludlow 28
47	Putnam 25
32	South Hadley 35

Season's Record: 13-6



THE KNIGHTS OF THE COURT

The Lancers Basketball team put on one of its finest displays ever this year, with an impressive 13-8 record that left them tied for second place in the Valley Wheel. In tough Division I competition the team finished in sixth place, with much to be proud of both as individuals and as a team.

The leading scorers were juniors Tyrone Settles and J.R. Chase, with Tyrone achieving the position of the highest scorer on all of Division I. Other offensive strength came from seniors Tom Butts and Mark Pearl, resulting in plenty of successful shooting and high scoring games.

This year Coach Morissette had the team use a lot of the "full court zone press", which often helped the players keep the ball in scoring position and helped out the otherwise sometimes shaky defense. Some great defensive moves were made, however, such as Tyrone's excellent skill at rebounds and Gary Hyman's speed and agility.

It was somewhat evident from the beginning of the season that the Lancers were heading for a great season. Their first league game was against East Longmeadow and won by 25 points. After that the team played two of its best game against Minnechaug, the second of which was won in overtime. One tough game that demanded a lot of skill was the home game against Classical that was clinched in the last few seconds by just two points, which made for plenty of tension and excitement. All in all, the Lancers Basketball team led by captains Terry Boureaux and Tyrone Settles, had every successful and winning season.

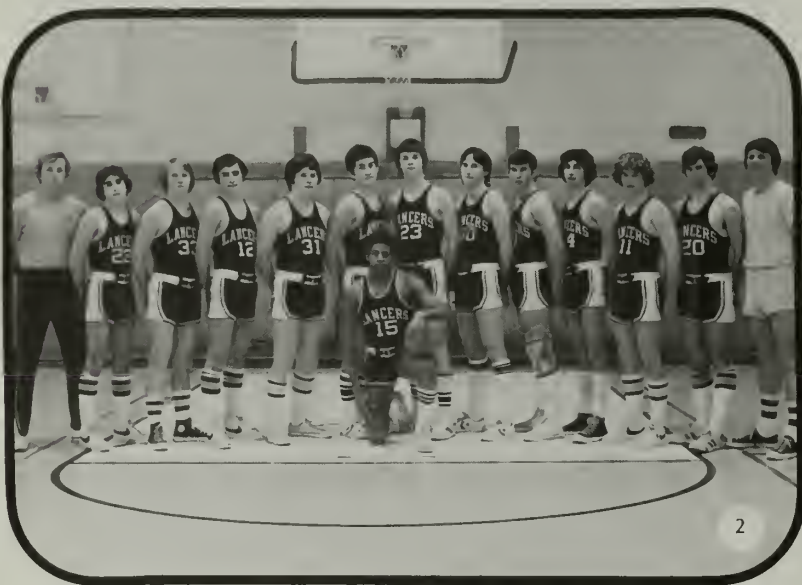
1. Matt Smith fights for the ball in a game against the Spartans. 2. Tyrone goes for the slam-dunk! 3. Gary Hyman hustles for possession of the ball. 4. The shot is again blocked successfully by the Lancers. 5. Marc Pearl gives it his all!

J.V. Row 1 L-R R. Zundell, D. White, E. Seagle, B. Rowe
R 2. Coach Kelly, C. Copland, M. Sullivan, A. Burton, D. Webler, Varsity L-R G. Hyman, M. Smith, M. Ditomassi, R. Carrey, Mar Varsity L-R G. Hyman, M. Smith, M. Ditomassi, R. Carey, M. Pearl, T. Settles, D. Hastings, H. Hinkle, P. Kumiega, J. R. Chase, T. Butts, B. Snyder

Freshmen Basketball Team, L. to R., R 1: J. Damson, E. Hano, K. Boudreaux, M. Hurwitz, R. Wagner, M. Allen, J. Carey. R 2: Manager T. Murray, B. Kipperman, P. Ratkowski, R. Pahl, B. Fogarty, J. Vinick, D. Yesu, C. Mannheim, Coach. Missing: S. Getzov.







A HOCKEY HIGH

The hockey season opened with high hopes this year — hopes that were all fulfilled with the great talent that abounded within the team framework. With a record of 15 wins, 4 ties, and only 2 losses, the Lancers took first place in the Wright Division. Skilled as individuals, they also had great team spirit and cooperation. Seniors Rick Durocher, Ken Vincunas, Jon Ditmar, and Junior Jack Dineen were all top scorers, and in the top ten of the Wright Division. Peter Gutermann and Andy Janik led a tough defense, while Tim Hutchins demonstrated his prowess in guarding the goal. Captains of the team were Peter Gutermann, Rick Durocher, and Jack Dineen.

Coach Suzor directed a "Cardiovascular and Quadricep Development Program" at the beginning of the season, in December. Once the game season commenced, the team worked on the "Universal Gym" for both strength and speed. As Coach Suzor said, "We have worked toward a program of gradual development with patience rather than expecting great things at the beginning with the possibility of frustration and discouragement slowing down true progress." With the practice and game schedule requiring 4 to 5 hours per day, it was difficult for the team to find time for meetings to discuss plays and strategies. Each team member had a loose-leaf notebook containing diagrams and information to be used on the bus or by new players. In the tradition of the Russians, Coach Suzor's philosophy tends to be more scientifically analytical and creative than most.

This year there are two divisions (1 and 2) for tournament purposes. The Berry Division is division 1 and the Wright and Fay are division 2. Next year's team looks good, but any team would have a hard time beating the excellent 77-78 Lancer hockey team. Longmeadow entered the playoffs, but lost to Taconic in semifinals.

1. Mark Dawson skates with the puck displaying excellent stick handling. 2. The Lancer Bench made the team strong. 3. Jim Ferrero passes to set up a goal. 4. Mike Fortier defends the Longmeadow goal. 5. Scott Buffum skates for the Puck. 6-9. Lancer Goals







• Varsity Hockey Team, L. to R., R 1:
S. Burnett, J. Dano, M. Fortier, B.
Cunningham, S. Buffum, M. Broad-
bert, S. Sauve, J. Dineen, P. Sacenti. R
2: Coach Ray Suzor, K. Vincuras, D.
Kelly, J. Ferrerri, P. Guttermann, G.
Vatrano, A. Janik, R. Seabury, B.
Meade, M. Frichione, M. Dawson, R.
Durocher,

SP - IR - IT

"SP-IR-IT, you got the spirit, so let's hear it," and "We will, we will romp you," became familiar chants to spirited students at Longmeadow High School this year. The vivacious cheerleading squad can take credit for spreading enthusiasm at athletic events throughout the year. Following the spirit tradition of the first football game and East Longmeadow, the girls showed their enthusiasm as well as psyching up the rest of the school, by marching around the halls. High School is a time of pep and spirit and these two aspects certainly were evident throughout the school year.

The cheerleading squad, led by senior captain Alison Sturgis and coached by Mrs. Lynn Sarno, practiced many long hours perfecting their form and precision. Practice time was also spent dreaming up new ideas for fan participation at the games. In the fall, the cheerleaders introduced Football Cheerbooks which appeared to go over extremely well. With the help of some large black numbers and loud voices, the fans were able to turn to the right cheer and give a supportive yell. Lancer spirit buttons became an extremely important item in October. There was a great rush to get one and the school spirit at this point was fantastic. The cheerleaders could be seen selling the buttons all over the school, even to parents.

By selling cheerbooks and Lancer buttons, the girls were able to raise enough money to buy new shakers. All in all, they did a great job encouraging crowd participation and support of the teams. The squad was fortunate to have Lisa Novello and Claudia Zinnen join them for the basketball season and next year's squad. They were a great help to everyone and their pep and enthusiasm was terrific.

School spirit is so important and the cheerleaders for the athletic season of 1977-78, did their part to make sure that it remained that way.

1 Cindy Markell displays her excellent jumping style by performing a dutch. 2 "Give me an L" shouts Alison Sturgis in one of the crowd-pleasing cheers. 3 Newly recruited mascot, Beth Knisely, cheers on her brother as well as the team. 4 "Smile Lauren and Michelle, you're on candid camera." 5 Merk cracks a funny joke to the delight of Laura and Tina, a little jungle halfback for all. 6 Co-captain Debbie Smith executes a perfect stag jump. 7 l to r Michelle DiPippo, Laura Poppo, Cindy Markell, Co-captain Debbie Smith, Captain Alison Sturgis, Lisa Semel, Tina Hoyt, Patti Clark and Lauren Schwartz. 8 Sarah Woods leads "Lancers Will Shine," 9 Lisa soars high into the sky. 10 The seniors- Merk, Smitty, Ali, and and Smel. 11 Smel jumps for joy.





THEY'RE ON THE BEAM

This year's girl's gymnastic team had a season filled with hard team work that paid off with individual excellence. The close knit team of eleven helped each other out during practice, which led to several new records made by outstanding performances from the Longmeadow girls.

Practices were led by Coach Judy Gregory and Senior Captain Linda Skole, and the team many times ended up practicing with the boy's team. - Often a problem with limited mat space arose but the two teams worked together enabling team members to improve immensely by the end of the season.

The gymnasts competed in a tough league, with most of the competition coming from Minnechaug. Even under the pressure of facing talented opponents, the girls were able to rise to the occasion and make an excellent showing. One very exciting event was the meet against Hampshire Regional where a new team total record was set, a new floor record was set by junior Heather Rowe, and a new uneven bars records was set by junior Paula Shear.

Girls' Gymnastics has a promising future ahead of it as the team is young and constantly improving. The outstanding members who will be returning to strengthen the team are freshman all-around Sandy Bradford and record setting juniors Paula Shear and Heather Rowe. Other talented returnees for the team are freshman Carole Tomko and junior Cindy Aivalis. The accomplishments that the young team made this year are a sure indication that next year we will see a strong, talented, winning Girl's Gymnastics Team.

1 Paula Shear, on her best friend, the bars, flies fearlessly through the air. 2 "Nice vault Cindy," remarks Miss Greg, as one of her star vaulters soars over. 3 Freshman all-around, Sandy Bradford contemplates her next event. 4 "Just five more inches and I'll be home free," thinks Heather Rowe as she performs a perfect walkover on the beam. 5 The 1978 team: sitting l to r Carole Tomko, Sandy Bradford, Captain Linda Skole, Paula Shear, Cindy Aivalis. standing l to r Heather Wasson, Caren Davidson, Brenda Doherty, Dara Murphy, Heather Rowe, Joan Dooley, and Coach Miss Gregory. 6 "That's the way to do it Caren," remarks Paula. 7 It's a bird, It's a plane, it's Super Sandy. 8 Gymnastics is like floating in mid air. 9 True team concern is shown on the faces of all as Heather performs her vault. 10 Hold on, Linda! The bar is only a few feet away. 11. With the grace and poise that make a true gymnast, Carole Tomko works the beam.





GYMNASTICS

The Gymnastics team, weakened by the loss of nine seniors last year, spent the season rebuilding and gathering strength for next year. Led by the expertise of Coach John Kober, the team improved immensely over the season and ended up placing 5th in Western Mass.

The young team had many outstanding individuals such as seniors Everett Black on rings and Bruce Bennett on the high bar. Excelling juniors were Dave Damon who qualified for States on the pommel horse, and performed well in vaulting, Mike Stenstrom and Howard Burns on floor, Larry Guild on the parallel bars, and Brooke Paulides as all-around. Freshman Matt Burns was the first frosh to set a standing handstand on the rings, as well as being a great contributor to the team's success.

With many returning gymnasts, and the strength of Coach Kober, next year should prove to display a very promising season for the Gymnastics team.





HOT DOGS!

The boys' and girls' ski teams were among "the best ever." With many outstanding skiers returning from last year and plenty of snow, the team was able to spend lots of time on the hills and get some pretty fast times. Led by senior captains Steve Wood and Carolyn Clute, and coaches Bob Frangillo and Wendy Seiffert from Springfield College, the team became one of the best in the state. The girls placed second in Western Mass. and first over-all, while the boys were first in Western Mass. and the league.

Practices started long before the snow started falling, as a grassy hill was made into a mock slalom course. Lots of running and conditioning were done so that by the time it started snowing, the team was in fine shape. Several races were cancelled due to severe storms, but the ones in which the skiers did participate they came through with flying colors. Outstanding times came from seniors Steve Wood, Jay Nichols, Carolyn Clute and Mary Gill, juniors Tom Ely and Jean Sullivan, and sophomores Ellen Shammash and Allen Chabot.

Besides having a truly winning season, the team members were great friends and had lots of fun together. Their weekend trip to Sunapee did as much to bring the team together as a group as it did to improve skiing skills, both of which paid off to build a winning spirit and a winning team.

1. Varsity Girls Ski Team: Row 1. L to R. M. Gill, J. Sullivan, S. Connor. Row 2: E. Shammash, J. Ryan, J. Leavitt, D. Shupack, M. Wernick, C. Clute, M. Wernick. 2. Varsity Boys Ski Team: S. Wood, J. Nichols, B. Skolnick, J. Mandel, M. Burger, C. Bachiochi, P. Burger, C. Lucier, P. Gill, M. Navazio, B. Woods.

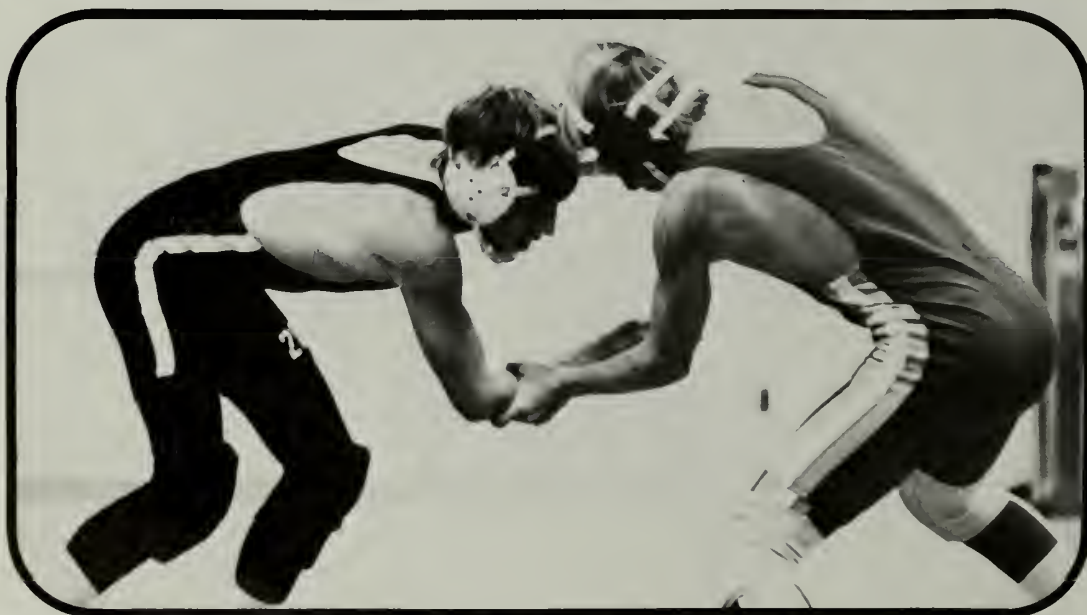
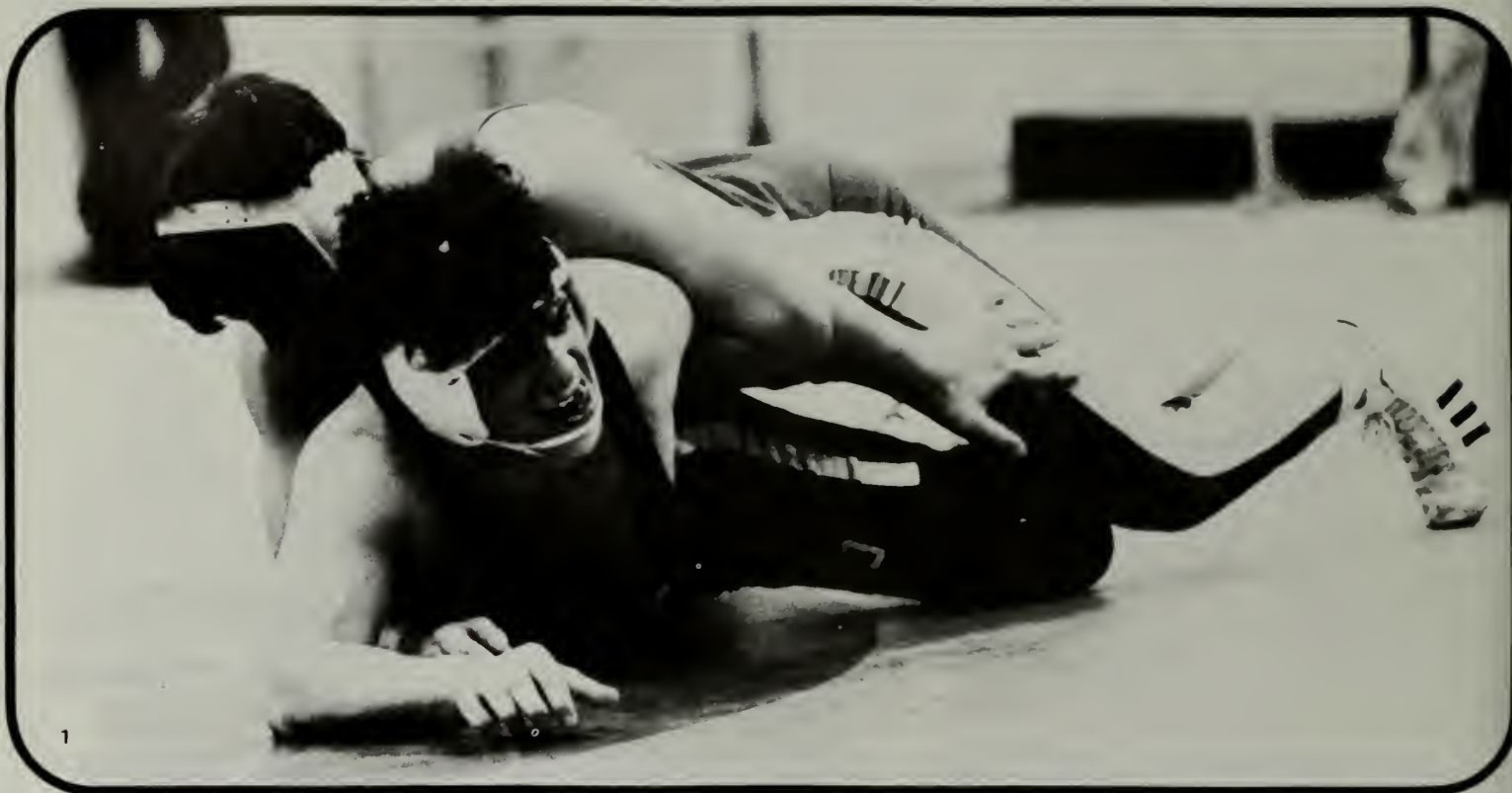




1



2





PIN 'EM

The Lancer Wrestling team had just one major problem this season, not enough team members to fill all of the weight classes. Consequently, as a team they suffered because of many forfeited weights, but as individuals they were able to do well.

The youth of the team also put them at a disadvantage, with many freshmen, just a few sophomores and juniors, and seniors Gary Goodman and team captains John Knisely and John Asthalter. Most of the younger wrestlers were inexperienced and many of the upperclassmen suffered injuries that kept them out of competition.

Luckily, the team was able to get a lot of valuable practice by scrimmaging the Springfield College team on several occasions, thanks to assistant coach Craig Stevens, a Springfield College student. Besides actually wrestling, the team spent a lot of time doing strenuous workouts to sweat down to desired weight classes. Wrestlers were often seen sweating it out near the furnace, or starving through lunch in an effort to lose up to six pounds in one day.

The future of wrestling is in doubt, due to dwindling interest over the past few years. Also, most of the wrestlers are just beginners when they get to Longmeadow High, and take a couple of seasons to catch up on techniques. Because of this, Coach Harris is trying to spark some interest in wrestling at the middle school level, so that in the years to come L.H.S. wrestlers will be more increased in number and experience.

1. Steve Pistrich struggles to turn over his opponent. 2. John Asthalter moves in for a pin. 3. The Lancer matmen look on as one of their teammates is hard to work. 4. Assistant Coach Stevens gives advice to one of the wrestlers. 5. The very able Coach Harris watching to see if his help pays off.







The Jesters



A great number of serfs and nobelmen like to indulge in rest and relaxation after a full day of dragon slaying, therefore many citizens of the kingdom head for the jousting fields and other places where music, artistry and additional knowledge abound. Some activities are solely for one's own enjoyment; others seek to entertain those people with minds weary of finding new ploys to expedite dragon slaying. Also involved in the various entertainments which flourish in the castle are some dragons, doubtlessly fatigued from a full day of student baiting. There are some areas of entertainment which meet during the day, mainly those in the fields of music and art. Others have regular gatherings at the end of a day's hunt or at night. For some individuals, the time to

concentrate on a particular activity is whenever one is not actively pursueing an elusive fleet-footed beast. The various entertainments available to the people who make the castle their abode, is only as limited as the interests which abound.



BONJOUR! HOLA! SALVETE! GUTENTAG!

The French Club met once a month to explore areas of French culture that would not normally be exposed in the classroom. Their emphasis was mainly on situations in France that are relevant to high school students, such as French T.V. and of the problems of youth in France. Many outside speakers spoke to the club about their own experiences in France.

Trying their hands at being gourmets, the club made several French dinners, utilizing either the Home Ec area or a members home. These varied events contributed to a fun way of learning about France and French customs without ever leaving home.

The Spanish Club led by president Ellen Silverman, vice president Jay Rubenstein, secretary Vikki Sutton, treasurer Lynne Aronson, centered their attention on service to Spanish students, as well as learning about Spanish speaking cultures. Members of the Spanish Club were available to tutor other students who were having difficulty with the Spanish language.

Because there are so many Spanish speaking countries in the world the club had plenty of cultures to learn about and compare. Club advisors Mr. Pike and Mr. Riccio were always available to share their knowledge of Spanish cultures with interested students.

1. Row 1. J. Alwit, S. Bailey, Row 2. M. Markson, K. Katz, Row 3. K. Pennington, N. Fuller. 2. Row 2. C. Hafer, T. Hatch, Row 3. S. Becker, G. Moomjian, Row 3 K. Kinsley, K. Gotlib. 3. Mr. Whittaker, french club advisor, watches over a meeting. 4. The Bobbsey twins, Mr. Riccio and Mr. Pike, spanish club advisors. 5. Monsieur Potvin, the french club advisor. 6. Row 1. M. Sears, E. Silverman, M. Hoffman. Row 2. L. Aronson, J. Corcoran, A. Sullivan, P. Rubin, J. Rubinstein.





The German Club concentrated on bringing some of the aspects of German culture to students interested in the country. They did this by planning and making authentic German meals, attending films and lectures, and visiting museum displays about Germany.

The club met every other Thursday, and was led by German teacher and advisor Mr. Justin, President Ingrid Shuttleworth, and V.P. Bill Walsh. According to Ingrid the club is not only for those students who undertake study of the language, but for anyone who is at all interested in Germany and its people.



The Latin Club, advised by Mr. Kahan, concentrated on preparing for Classics Day, held at the University of Massachusetts in the spring. To supplement this study, they also visited the Classics department of Boston University, and toured a display at the Boston Museum. Mr. Kahan outlined the objectives of the club as being the establishment of friendly relations between students and teachers of Classics and the exposure of the Latin student to the world of books about ancient Roman and Greek cultures. Through their membership in the pioneer Valley Classical Association, the club members maintained close contact with the Classics departments at the University of Massachusetts and Boston University a project which proved to be a great asset to the club's success.

1 Row 1. K. Fitzgerald, J. Trzcinski. Row 2. B. Smith, P. Navizo, H. Murphy, J. Fitzgerald, J. Nash. Row 3. S. Ransom, E. Urstadt, J. Heye, B. Sabin, J. Deplacido, M. Gill. Row 4. E. Kahan. 2. German club member I. Shuttleworth and advisor Mr. Justin. 3. Latin club advisor E. Kahan

AROUND THE WORLD WITH A.F.S.

A.F.S. is a unique club that encompasses members from Longmeadow High School, the outside community, and virtually most of the world. This year Longmeadow High School hosted two A.F.S. foreign exchange students; Heimo Hackel from Austria and Jennie Reznick from South Africa. Longmeadow also sends several of our own students abroad. Two seniors who had occasion to participate in the A.F.S. exchange for the summer were Sheila Brennan, who went to Brazil and Kit Gracey who traveled to Italy. Both girls saw this trip as a valuable learning experience, and a fantastic way to make friends from other countries. The A.F.S. Club within the High School is a active group which often hosts foreign students for weekend events. There were two of these events this year





in addition to the traditional A.F.S. carnival, and an international dinner held in the spring. The club president is Sheila Brennan, vice president is Kathy Wilochka, treasurers Kit Gracey and Kathy Ames and secretary Joan Beron. They all enjoy meeting foreign students and also contributing a great deal to the community's understanding of foreign cultures.

1. The A.F.S. officers; Joan Beron, Sec., Kit Gracey, Treas., Sheila Brennan, Pres., Kathy Ames, Treas., Kathy Wilochka, V.P. 2. Kit Gracey showing what she learned in Italy. 3. Returnee from Brazil, President Sheila Brennan. 4. A.F.S. members, ROW 1. K. Ilgovsky, M. Lamarre, L. Elliot, B. Woods, K. Schwartz, L. Wilson, ROW 2. W. Wolf, W. Hammet, J. Moomjian, J. Fitzgerald, J. Stephan, S. Bader, B. Hirsch, ROW 3. J. Staples, T. Howard, L. Denning, K. Carroll, S. Hopfe, J. Woods, R. Sherman, M. Chase, ROW 4. L. Athas, V. Kimbal, A. Duclos, J. Karpovich, M. Lochman, L. Thompson, M. Curetis, B. Kirk, K. Page, 5. Food and conversation make the A.F.S. brunch. 6. Active A.F.S. members contribute to the carnival. 7. Jennifer Fitzgerald shows that A.F.S. members are friendly. 8. Martha Lamarre fishes for a good time. 9. Mr. Potvin, the A.F.S. advisor, gives his "Rocky" impression to the club.

THE WITS OF LONGMEADOW?

The "As Schools Match Wits" Team is a hard-working group that meets weekly with coach Mrs. Rahkonen to sharpen up skills in a number of areas to prepare for tough competition. The team, made up of Senior members Betsy Rosenbloom, Peter Vedder, and Steve Winneman, and Junior Sara Siff, are proficient in such categories as Science, Sports, History, Art, Music, Literature, and General Knowledge. The team competes in televised matches, and is doing amazingly well considering this is only their third season, while most teams have been competing for fifteen to twenty years.



CREATE, CREATE



Outlet Magazine again this year played its traditional role as a forum for student creative writers and artists. The Outlet Club, which publishes the magazine, was small and rather unique this year in that it was composed entirely of senior girls. Editor Kim Bolger and staff members Betsy Currier, Dee Robinson and Cindy Markell published the annual Outlet in mid-May despite difficulties in gathering literary submissions from the student body.

Submissions of art, photographs and literature are judged anonymously by the Outlet staff. Scored on a scale of zero to five, any work which receives a 3.5 or better is considered for publication in the magazine in May. Editor Kim Bolger feels that it is important not to reveal the identity of the authors and artists to the judges. She says, "Anonymous judging insures the fairness and usually, if the students know their work will be judged anonymously, they are more likely to submit work to Outlet. That gives us a wider sampling of student writing which is just what we're after."

In addition to their regular meetings the Outlet Club also attended the Scholastic Press Forum at American International College where they attended workshops designed to help them produce a more effective and inexpensive magazine.

A very real worry of Mrs. Claire Satta, the advisor of the club, and its members is that the club and magazine will cease to exist after its present members graduate in June. In view of the contribution the club has made to the school in the form of its polished magazine, this possibility should be avoided.

1. Outlet's Creative Director, Mrs. Satta 2. Outlet Editor, Kim Bolger 3. An exhibit of the 1977 Outlet graces the english hallway. 4. Row 1. D. Robinson, K. Bolger, Row 2. S. Law, B. Currier, C. Markell.

IT'S FREE!

The Jet Jotter, official high school newspaper, started in September minus advisors and a homeroom, the center of Jet Jotter activity. The essential homeroom time and the old advisors were eventually regained later on in the fall, but successful operation of the paper was affected as a result of the delay.

Despite its late start, the Jet Jotter planned to publish ten issues without compromising the high quality of the newspaper, for which it has received distinctive recognition in past years at the AIC Press Forum. The paper also achieved All-American rating from the National Press Association last year, and this year hoped to be heading for the next step up: a National rating.

This year saw a great change in the distribution of the Jet Jotter. Increased revenue from advertising and other money-raising projects allowed the Jet Jotter to be free, for the first time in its twenty three





year history. Every student and teacher in the school received one copy of the paper every time it was published.

The dedication, creativity and effort on the parts of managing editor Kim Bolger, Editors-in-chief Larry Markson and Bryan Gustafson, and all the other editors and hard working staff members served to make the Jet Jotter one of the better newspapers around.

1. Managing Editor: Kim Bolger 2. Business Manager: Mark Abrahms; Photo Editor: Jon Goldsmith 3. Features Editors: Scott Elliot and Betsy Currier 4. News Editors: Bill Sheehan and Lynn Greenburg 5. Sports Editors: Lori Evans and Carolyn Cummings 6. Editors-in-Chief: Larry Markson and Bryan Gustafson 7. Jet Jotter Staff 8. Faculty Advisor Mike Gelinas 9. Faculty Advisor Bob Delano 10. Jet Jotter Staff.



1. Editors-in-chief Ellen Philbin and Kit Gracey 2. Advisors Mr. Grant 3 Boys Sports Editors Dave Lendry and Steve Warshaw 4 Girls Sports Editors Alison Sturgis and 5 Gypsy Greenspan 6 Senior Editors Sue Conell and Alisa Bonasoni 7 Ads Editors Cindy O'Connell, Mark Stover and Janet Chambers 8 Activities Editor Sandy Walker 9 Photography Jeff Myers, Mike Stenstrom and Chris Sheffield 10 Faculty Editors Janine Micucci and Sue Winer 11 Sales Editors Brenda Doerty and Debbie Schupack 12 Underclassmen Editors Kathy Carey and 13 Mary Jo Grippo Staff Members, Row 1: K. Simmons, S. Simmons, P. Schoenberg. Row 2: M. Dowd, C. Aivalis, M. Asseo, A. Simons, B. Till, Row 3: L. Draymore, A. Philbin, M.B. Crosby, J. Swan. 15 Copy Editors Paula Schnitzer and Carol Janovsky. 16 Patrons Editors Peggy Creed. (Missing; Ads Editor Debbie Klein)



COSTUMES - COURTESY O



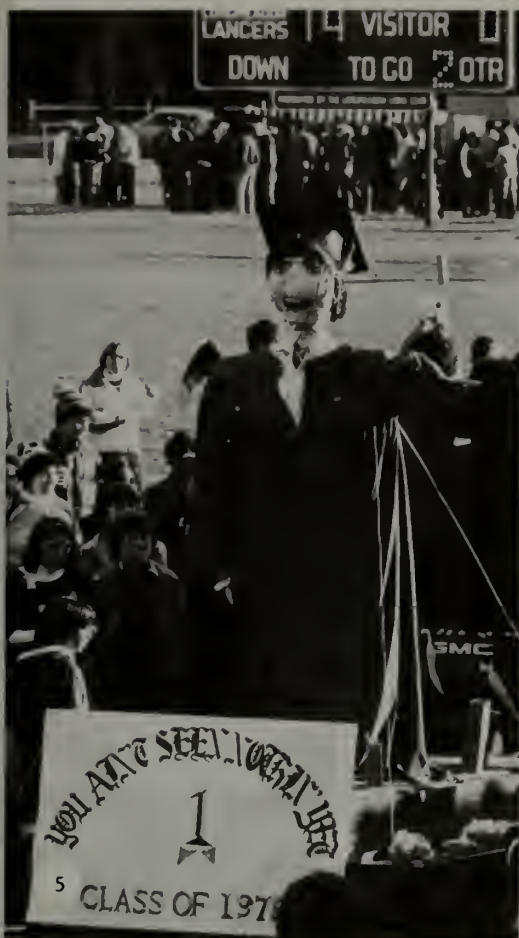
COSTUME CLOSET

SPIRIT LINKS LANCERS, SINKS SPARTANS

Longmeadow High's third annual Homecoming was a huge success, showing that this is a popular tradition here to stay. Students, faculty, parents, and graduates all turned out to view this spectacular parade around town that included a float made by each class, the band, cheerleaders and lots of spirited fans.

Actual Homecoming activities, chaired by Carolyn Greenspan and Lori Draymore, came at the end of a week-long spirit link competition which was won by the spunky Freshmen. The Freshmen also won the float competition with their creative depiction of the Homecoming theme "Knowledge is the Key to the Future". It was a difficult decision for the judges as to the best float since the Senior's "Graduate", "The Tree of Knowledge" done by the Juniors, and the Soph-





more's "Treasure Chest" were all equally as ingenious as the Freshmen's "Dictionary and Globe". All in all, Homecoming was a spectacular event, according to Principal Dr. Craver, it was one of the most spirited things the school has done. The glorious "romp" on rival, E. Longmeadow, added to the excitement, and strengthened the feelings that "We are the Champions."

1 The Sophomores show their ideas of the future. 2 Judge Hart reaches her verdict. 3 The spirit of the day captured everyone — especially the Freshmen. 4 The victorious Frosh with their float. 5 The Senior float and the half time score. "You aint's seen nothin' yet." 6 Jubilant Lancers celebrate after another Longmeadow touchdown. 7 The third annual homecoming is set to music by the L.H.S. band. 8 The Junior class float "Leafs" it to the victors. 9 Senior Bunny Zacarian guards the balloons for the traditional balloon ascension.

KEYETTES UNLOCK THE WAY

The Keyette Club, a club devoted to the service of the school and the community, has always been highly regarded for its active, devoted members, and this year proved no exception. With Mrs. Rahkonen acting as faculty advisor, and president Moira Murphy, the club members planned and successfully completed many projects throughout the school year.

Weekly projects varied from helping guidance, the math department, the front office, and various teachers to cleaning the trophy cases and reading the daily news. A bulletin board called the Sunshine Bulletin board was changed regularly for notices and greetings to all who entered the school. Outside of these school activities, Keyettes visited "adopted" grandparents at the Jewish Nursing Home and the Ring Nursing Home.

There were numerous other activities including a Keyette vs. Key Club football game in October, wheeling the elderly of the Ring Nursing Home around the Eastern States Exposition, selling key chains at the holiday time in December and Participating in the March of Dimes Walk-a-thon and the Toys for Tots campaign. Several dances held, among them the semi-formal at the Treadway Inn in January. This dance was so popular and highly attended that students requested that it be made an annual event.

Valentine's Day in February was celebrated with the sale of carnations, and March + April were months reserved for the recruiting of new members and the voting in of new officers with such a history of past successes, the new members will have a difficult time following in the footsteps of the 1977-1978 Keyettes.





1. Keyette Advisor Candy Rahkonen 2. President Moira Murphy observes the meeting. 3. Treasurer Nancy Dawson and Vice President Laura Teree. 4. Secretary Linda Doherty 5. The Keyette Board 6. Keyettes, Row 1: L. Schiffman, J. Slater, S. Connell, B. Rubin, L. Davidson, M. LaMarre, L. Roberts, C. Kassanos, D. Weiss, Row 2: L. Cohen, M. Beauchamp, A. Bonosoni, S. Bonosoni, D. Cowles, K. Daly, M. Chase, H. Hessen, D. Evans, D. Goldberg, Row 3: A. Grant, E. Cain, L. Griffin, M. Kannavas, D. Sherman, E. Stewart, L. Feinburg, L. Athas, M.J. Grippo, Row 4: M. Sears, E. Abdow, Keyette member Diane Cowles. 8. Ring Nursing Home chairman Kathy Carey listens intently. 9. Vice President Laura Teree does her job at an annual Monday night meeting.



THE KEYS HAVE IT

Despite a slow start, the Key Club became a well-run, efficient service organization for boys. The club, led by president Jay Caron, organized the collection of toys for the Marine Corps sponsored program of Toys for Tots. Forty five hundred toys were gathered to be distributed to needy children in the Springfield area at Christmas time. Under the chairmanship of Steve Warshaw, Longmeadow received the distinction of first place of sixteen schools competing. They also managed the Blood Bank for the Blood Mobile, where over one hundred pints were donated. A large number of Key Clubbers also participated in the "Big Brothers" program. The club, consisting of just under one hundred members, was headed by president Jay Caron, first vice president Gary Goodman, second vice president Peter Gutermann, and Juniors Andrew Sears, secretary, and Larry Egan, treasurer. Key Club and all its activities were guided by advisor Roger Leblanc. As Andrew Sears said, "although the number of members was lower than in past years, we have accomplished just as much."



1



2



3



1 Some of Key Club's dedicated members. 2 President Jay Caron at work. 3 Faculty advisor Rog Leblanc. 4. Just a few of the enthusiastic Key Clubbers. 5. Junior Steve Warshaw listens intently to a speaker. 6. Jonathan Goldsmith hard at work



SLIDE BABY, SLIDE!

The Math Team, advised by Mr. George Griffin, included math whizzes Jeff Dannay, Mike Feinstein, Andrew Gotlieb, Richard Hough, Clark Santos, and Peter Vedder. The team competed with 18 other Western Mass. schools five times during the year. The meets, each of five members of the team are asked five questions, for a possible total of 25 points per team. This year the strong L.H.S. team made a good showing placing high in Western Mass. standings.

The Math Club, Mu Alpha Theta, was led by advisor Mr. Greenwood, President Peter Krucyzynski, V.P. Richard Hough, Sec. Sara Winniman, and Tres. David Krause. They hold student-run math workshops, along with lectures involving outside guest speakers. The highlights of the year were field trips to Digital Electronics, a Math/Science Fair at the College of Our Lady of Elms, and a visit to New York City to see the Stock Exchange and the World Trade Center.



1. Mu Alpha Theta: (left to right) P. Krucyzynski, president; S. Winniman, secretary; R. Richfield; D. Kraus, treas. Missing: Richard Hough (v.p.), Scott Collentro, Andrew Gotlib.



N.H.S.ers LEND A HEAD



National Honor Society, a club comprised of students of good academic standing, continued its tradition of service to the school with the development of several new educational programs headed by Dr. LaMarre. Along with its customary activities — tutoring, bake sales, the annual car wash, and the induction teas — this year's members aided elementary students in a program designed to better reading skills and also worked intensively with other high school students who required special help in various subjects. Due to the expert guidance of tutoring chairmen Leslie Brooks and Sheila Brennan, the new programs improved a great success. Club members also worked in the Lancer bookstore and in the resource center of the History department. A new feature on the NHS agenda was a ping-pong tournament to help raise money for the annual NHS scholarship.

This year's officers, a dedicated and active group, were president John Tomko, vice-president Kerry Ferrero, treasurer Dee Robinson and secretaries Nancy Finch and Laura Donner. Mrs. Dudley and Mrs. Dolgin again acted as advisors. As one member said, "NHS is a good club, we don't just aid individuals, but the school as a whole."

1 N.H.S. members, ROW 1: J. Rubinstein, S. Walker, J. Swan, E. Zacarian, C. Rooke, S. Collentro, P. Vedder, M. Lundy ROW 2: G. Vedder, F. Prybylo, P. Schnitzer, L. Semel, J. Shriver, S. Nolet, G. Lundy, T. Kannavos, A. Curtis, ROW 3: G. Goodman, B. Drake, M. Smith, L. Greenberg, J. Chase, S. Siff, T. Howard, K. Ames, L. Evans, J. Chambers, L. Soloman, B. Rosenbloom, K. Bolger, C. Zinen, A. Sturgis ROW 4: M. Benander, R. Leavitt, L. Schwartz, K. Vincunas, C. Greenspan, C. Santos. 2 President John Tomko and advisor Mrs. Dolgin watch over a meeting. 3 Faculty Advisors Mrs. Dudley and Mrs. Dolgin. 4 Tutor Lynn Greenberg keeps busy. 5 N.H.S. Officers: Secretary Laura Donner, Tutoring Chairmen Sheila Brennan and Leslie Brooks, President John Tomko, Vice-president Kerry Ferrero, Secretary Nancy Finch.

OF MICE AND MEN

On January 19-21, the Key Club sponsored a dramatic presentation of *Mice and Men* by John Steinbeck. Entirely produced by Longmeadow High School Students, the play portrayed the timeless struggle of Mans search for roots and security. The drama was directed by senior David Brinnel, and starred Brinnel as the principal character of George; Gene Kane as his friend Lennie; and Marc Cohen, Joel Zuckerman and Dennis McCauly as Slim, Curley and Candy, respectively Curley's wife, the only female role, was filled by Jennie Reznik, an AFS student from South Africa. Additional roles in the play were portrayed by Todd Berenstein, Jay Venti, Dale Facey, and Stefan Rutherford. Behind the scenes were assistant director John Hoos, Director of Lighting. John Loughman, and Props and Set Mistress Meg Giles. Longmeadow High School was fortunate to have these talented people donate time and effort to producing such a fine professional presentation.

1 David Brinnel 2 Dennis McCauly 3 Jennie Reznik and Gene Kane 4 Marc Cohen



A DRAMATIC FEAST

Can you imagine two LHS students running through the hall, this past autumn shouting, "The actors are coming! The actors are coming!" (sounds like that silver-smith from Boston?)

Well, they didn't actually shout, but the two members of the Drama Club, Sandy Walker and Lori Cohen, did do a great deal of running. The occasion? A visit to the school by the City Stage Company of Boston, a group of professional actors and actresses.

Invited by Mel Grant, Dramatics Advisor, the acting group spent a day in residence performing such plays as Edward Albee's *The American Dream* and "Shakespeare's Mirror", a collection of songs, speeches, and scenes from many of William Shakespeare's plays, a one act farce on contemporary American life.

When the troupe was not on stage they were conducting dramatic workshops in the "open pit" of the library.

The program was such a success that it will no doubt be repeated in the future.

5 City Stager's cavorting through Shakespeare. 6 Mommy, Daddy, and Grandma in Albee's *"American Dream"*. 7 Lou Cohen, Mr. Grant, and Sandy Walker preparing for the Day of Drama at LHS.



A.B.C. IS A-O.K

ABC, or A Better Chance, is a program that grows more and more successful every year. This year Longmeadow High had the welcome addition of eight ABC students, whose hometowns included Cleveland, Pittsburgh, New York, and Nashville. The students added a new dimension to school life, as well as actively participating in many sports and club functions.

The ABC students found academics at LHS more competitive than they had experienced before, yet with an extremely wide range of courses to choose from. Plenty of hard work was necessary, but the quality of the education it produced was well worth the effort.

Besides studying intensely, the students still found time to take part in both fun and productive activities. The Longmeadow ABC students often visited some of the students participating in the ten area ABC programs. They also helped sponsor ABC fundraisers including dances and a tag sale. An ABC retreat was held so that all of the students and their house parents could get to know each other better. This active involvement in the school and community made and will continue to make ABC a special addition to Longmeadow and LHS.



HEAD FOR THE HILLS



If you wondered who or what that wild-eyed mob was that came pouring out the back door of L.H.S. every Tuesday at 2:15 this past winter, don't fret. It was not a migration of screaming lemmings, nor was it an "encounter of the third kind."

The Ski Club was heading for the slopes. About 90 strong, laden with skis, poles, boots, and mittens, the Ski Clubbers boarded two busses each week for Mt. Tom for lessons, skiing, and fun!

Aided by club members Sandy Walker and Meg Asseo, Mr. Mel Grant, Ski Club Advisor, organized the five week program. Teacher chaperones included Mr. Mike McCarthy, Mr. Don Ladd, Mr. Al Jangle, and neophyte downhill racer Mr. Pete Thompson.

1 Ski Club members wait for lessons. 2 Skiers listen intently to instructor. 3 Trying hard to keep up with instructor. 4 Learning the fundamentals. 5 Ski Club advisor, Mr. Grant.

THE LORD BLESS YOU AND KEEP YOU

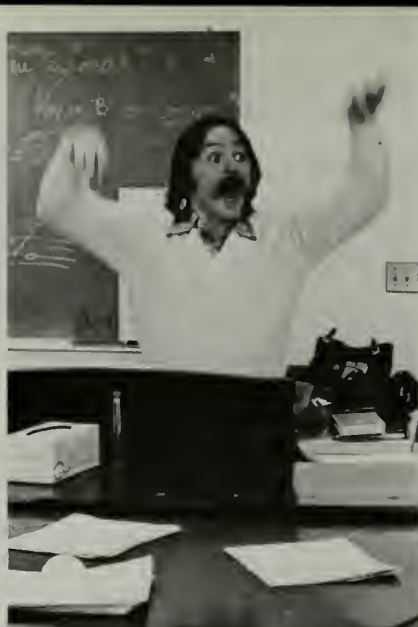
With over 126 students involved, the choral program at LHS is one of the most active endeavors in the curriculum. This year Girls' Chorus was the largest ever with fifty-four students divided in two sections. During the year, the girls worked on signing techniques through a varied program of songs. The training they received lays a solid foundation for the more advanced groups in later years.

Similar to Girls' Chorus in its objectives, Mens' Chorus had a successful year with sixteen freshmen boys. Singing in four-parts, the group worked on a variety of music including Barber Shop melodies in hope of participating in a Barbershop Quartet competition.

Concert Chorus, a 70 voiced mixed group, is more select than chorus and deals with music which is more difficult. The group's hard work and enthusiasm resulted in a very productive year.

Lyrics, a forty voiced mixed chorus is highly select and works with music which challenges the singers. Concentrating on their vocal training, the group rehearses extensively, producing a highly developed sound.

Last but not least, a group which consists of nine singers from Lyrics is called 1 Cantori. They deal with madrigals on a high level and perform several concerts throughout the year. This group meets at each others homes as an extra-curricular activity.





1- Mr.Thomsen. 2- Cantori-Peter Climo, Pam Richardson, Tom Weisend, Dianne Romell, Suzanne Schube, David Brinnel, Barbara Till, Mark Rosol. 3- David Brinnel 4- Lyrics-Row 1: Mark Rosol, Walter Gunn, Tim Biggins, Tim Pratt, Brian Smith, Row 2: Laine Broad, Peggy Creed, Mark Stover, Hal Goldberg, Walter Barz, Scott Zucker, David White, Todd Bernstein, Tom Weisend, Bill Pappas, Bill Taylor, Steven Tripp, Dan Tauber, David Brinnel, Terry Little, Peter Climo, Faith Prybylo, Suzanne Schibe. Row 3: Dianne Romell, Barbara Till, Nancy Riker, Christine Rooke, Mary Holloman, Robin Fein, Pam Richardson, Cathy Bisikirski, Betsy Currier, Sally Burnett, Caroline McKeon, Sandy Walker, Janet Chambers, Claire Coughlan, Karin Laushway. Pianist, Chris Sheffield.



5 Men's Chorus: Row 1: Bobby Katz, Scott Harris, Jay Venti, Kurtis Suhs, Row 2: Paul Miller, Peter Assilin, Matt Burns, David Garvin, Howard Odentz, Row 3: Scott Hansen, Stuart Bailey, Willie Ames, Kevin Stenstrom, Doug Cowles. 6 Concert Chorus: Row 1: Merry Chase, Gisella Cambi, Melanie White, Sue Hotaling, Cassie Vanwagner, Tracy Lavengood, Larry Guild, Paul Stewart, David Brinnell, Eugene Kane, Carl Zinack, Robert Glasgow, Whitney Hammett, Brook Kirk, Jenny Heye, Jill Staples, Betsy Sabin, Row 2: Carolyn Connell, Joyce Leavitt, Monique Beauchamp, Audry Grant, Sandy Hower, Martha Lamarre, Ilene Secondo, Andy Weinberg, Tom Buddington, Fran Sheehan, Denise Magnon, Michele Rubin, Debbie Tooker, Tracy Johnson, Martha Tripp, Kathy Ames, Claudia Zinner, Row 3: Kathy Shine, Michelle Johnson, Andrea Ecchio, Cathy Griffin, Jeff Jones, Bruce Dodge, Doug Schaaf, Tom Finch, Lori Butterfield, Monica Page, Tracy Glasgow, Michelle Hoffman, Julie Dropkin, Andrea Leibman, Gail Moomjian, Row 4: Alison Pete, Carol Condon, Peggy O'Neil, Dana Hartigan, Laine Broad, Sue Gellerin, Dale Facey, Stephan Rutherford, Kathy Benoit, Heidi Godbott, Judy Goldstein, Marsha Allan, Marsha Haskins. 7 Girls Chorus: Row 1: Donna Golaski, Mary Wallbridge, Sue Duckman, Julie Blanchard, Becky Stevens, Gail Deifendurfer, Lori Vanwagner, Cindy Kosonas, Row 2: Debbie Guder, Chris McGough, Cindy Hafer, Lisa Crosby, Tina Hoyt, Kitty Stenstrom, Sharon Sabin, Carla Barz, Debbi Peavy, Row 3: Nancy Fuller, Attenette Paine, Sharon Slade, Betsy Regan, Irene Dasco, Nancy Roy, Valerie Feinstein, Catherine Gianelly, Julie Dropkin. Row 4: Sandra Andrews, Karen Itean, Ann Rooke, Karen Simmons, Laura Stebins, Jamie Surkin, Sima Butsky, Kathy Griffen, Kristen Kinsley, Beverly Zacarian, Heather Rowe. Row 5: Tracy Belcher, Judy Climo, Julie Pierce, Kara Pennington, Retha Housey, Nicole Watkins, Gayla Paige, Elizabeth Woods.



A ONE AND A TWO . . .

Longmeadow High has always been noted for its excellent instrumental music program, but this year's groups seemed to outdo themselves in the style and quality of their performances. The spirit of cooperation and enthusiasm was obvious within all the different groups, and this attitude showed through in their playing. Under the direction of Mr. Burkle, the band performed at all the football games and in the Homecoming Parade. Three concerts for the bands and orchestras took place during the year, and during February the annual Pops concert was held where Lyrics and the bands combined talents with the ever-popular Jesters for two successive nights of great music.

Various money-making projects throughout the year, such as the sale of citrus fruits helped support an exchange concert to Moorestown, Pennsylvania which occurred in April.

Much of credit for the success of the instrumental music program must be given to Mr. Burkle and student teacher Rolfe French for all their hard work and dedication. Senior Steven Hochberg commented, "I've been through four years of the instrumental music program and I've really loved it all. We have one of the better music programs in the area."





1 Sears and Sweitzer swing into song. 2 A future Harry James hits a high note. 3 The flautists have it.

4 Wind Ensemble Row 1: M. Lachman, G. Lundy, B. Drake, I. Shuttleworth, T. Howard, R. Snyder, G. Vedder, S. Waldo, L. Shear, K. Foley, B. Coco, J. Stephan. Row 2: S. Goldaper, L. Briggs, A. Gotlib, M. Haase, S. Nolet, G. Hymen, A. Sears, M. Sweitzer, V. Sutton, D. Frank, J. Fletcher. Row 3: R. Wagner, D. Teich, M. Smith, M. Rosol, S. Hochberg, A. LaMontagne, D. Damon, M. Benander, M. Lundy, G. Frost, P. Vedder, G. Squire, W. Barz. Row 4: J. Wass, D. Webler, P. Ellsworth, T. Scavone, R. Leavitt, T. Fisk, S. Sears, T. Little, D. Trachtenberg, T. Sweitzer, P. Mathisen, D. Phelps, J. Allyn. Row 5: R. Brandwene, D. Gentes, J. Myers, R. Livsidge, S. Rubinstein, R. Grant

5. Row 1: T. Lavengood, C. Janowsky, N. Finch, J. Heye, D. Pincus, R. Bye, L. Greenberg, C. Santos, J. Solomon, L. Buddington, F. Burns, L. Broad. Row 2: G. Lundy, J. Franson, P. Ratkowski, G. Vedder, T. Howard, R. Snyder, B. Drake, K. Foley, L. Shear, Belco, C. Carroll, S. Hopfe, M. Asseo, A. Theocles, Row 3: M. Benabder, M. Lundy, T. Scavone, S. Sears, T. Sweitzer, Row 4: D. Gentes, J. Myers, S. Rubinstein, J. Pelletier, S. Marshall.

6. Band - Row 1: G. Gentile, H. Goldsmith, L. Novello, C. McGough, L. Snyder, M. Epstein, S. Sabin, R. Maclure, B. Roth. Row 2: B. Riker, M. Turner, L. Mackler, D. Dito-massi, M. Czelusniak, D. Elliott, S. Fanelli, H. Rempel, J. Novello. Row 3: D. Calvanese, M. Waxman, L. Rosenbaum, D. Santos, C. Nicholson, F. Skoler, M. Gerstein, L. Torff, K. Gotlib, C. Gentes. Row 4: G. Leone, R. Holman, D. Schwartz, A. Hochberg, T. Franz, S. Damon, D. Gagnon, P. Miller, J. Goulston. Row 5: J. Lachs, C. Gustafson, R. Loughman, J. MacMartin, W. Simpson, R. Coburn, K. Jenkins, C. Fraser, J. Alwitt, A. Peck. Row 6: D. Williams, J. Vinick, D. Fein, D. Facey. missing: L. Mackler. 7 Jesters - Row 1. J. Pelitier, M. Navazio, S. Sears, T. Scavoni, M. Lundy, C. Frazier. Row 2. J. Meyers, D. Gentes, D. Phelps, T. Sweitzer, W. Barz, J. Allan, C. Sheffields. Row 3. J. Wass, S. Hochberg, M. Rosal, C. Gentes, A. LaMontain. 8 Spirited band members wind their way down the hall. 9 Seniors Peter Ellsworth and Tim Fisk perform during a concert.

The 1978 Choral groups had a busy and productive season. The year began with a good start in October with a concert by Lyrics and the Orchestra. The following months were filled with several concerts, including the Annual Winter Concert, District Chorus, and the Spring Courtyard Concert. The Winter Carnival performed to a full house including a record number of alumni. All of the vocal groups along with orchestra were present to make a very entertaining evening. In January seventeen singers were selected to attend District Chorus. The performance of the choral groups at the Spring Courtyard Concert in May concluded the fine year. The Instrumental section of the Music department also had an exciting year. They also participated in the fall concert, annual Winter Concert and Spring Courtyard Concert. The Jesters performed at Baystate West for the "Music in our School Week" which was very successful. To conclude the year they attended the competition for Jazz/Rock ensembles at Plymouth State College, New Hampshire.

1 Band Director Wilfred Burkle. 2 Members of Lyrics singing a piece. 3. Elizabeth Buddington concentrates on playing. 4 Combined choruses fill the hall with music.

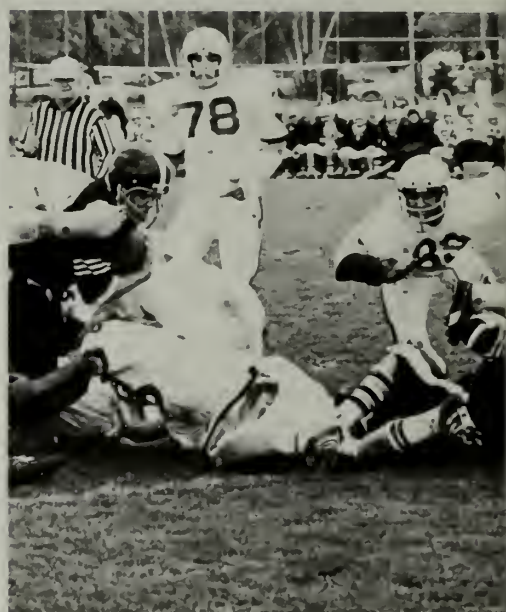


EASY ON THE EASEL



A new club to appear this year was the Art Club, the first one the school has had in several years. Although recently formed, it boasts a number of enthusiastic members and has already completed several successful projects. The painting of the school symbol on the gym floor, student teaching in Springfield elementary schools, public workshop on batik and ceramic techniques and a televised printing workshop in downtown Springfield are a few of the accomplishments of this enterprising club. The members were also able to participate in a field trip to the Rhode Island School of Design and several museums in Rhode Island. Advisors Mr. Katz and Mrs. Ebeling and officers Amy Benzall and Cindy Avalis as well as the members of the club deserve credit for the incentive and creativity displayed in the formation of this club. The advent of this organization was greeted with enthusiasm, by many members of LHS, not solely artists. Membership is open to anyone interested in art, it is not necessary to be enrolled in an art course.







HELPERS

1 Guidance Aid, Ellen Silverman. Library Aids: Lynn Thompson, Bruce Press, Mark Lanzakis. 2 TV Aides: front row, David Fein, Robin Fein, back row, Tom Gould, Steve Petlock, Richard Grant, Lyn Grippin. 3 AV Aids: front row, Steve Pellitier, Bob Loughman, back row Dan Aronson, Andy Braun, missing: Paul Piccard, John Bowen. 4 David Fein.



STRAIGHT SHOOTERS

The 1978 edition of the Rifle Team, made up of senior, Wayne Thomas, juniors Mark Diefenderfer, Walter Gunn, Robert Richfield and James Webber, and sophomores Todd Bailey, Michael Fisher, and Robert McTaggart shot their way to a meager 3 wins and 4 losses record against the formidable opponents of the private school league. Coach Ray Villeneuve looked hopefully to this season when he will have 7 returning veterans and stated that the 77-78 team learned the fundamentals of good shooting very well, while competing. This year's Top Gun Award went to Robert Richfield for high average and Mark Diefenderfer for most improved shooter.

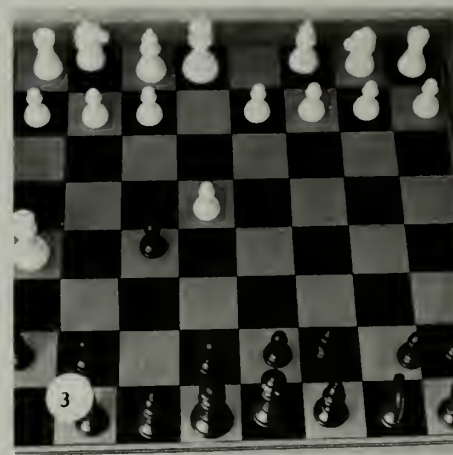
1 Michael Fisher shows his style. 2 The firing line. 3 Rifle Team: front row Jim Webber, Walter Gunn, Michael Fisher, Robert McTaggart, back row Coach Villeneuve, Rob Richfield, Todd Bailey, Mark Diefenderfer, Missing: Wayne Thomas.



ALERTNESS WINS THE GAME AROUND THE WORLD

One of the quieter clubs in LHS was the chess club, a small group of avid chess players. The chess masters of Longmeadow High School did not compete interscholastically this past year, but worked mainly on practicing strategies and sharpening their play. Led by advisor Mr. Ladd, the team could be found at their chessboards in the library after school. All the members of the club are looking forward to a successful year of competition next year.

1. R. to L. J. Mahan, P. Krusynski, D. Krause, R. Richfield. 2. Chess Club Advisor Mr. Ladd. 3. Checkmate in two moves. 4. Concentration plus Kibitzer.



YOUTH FOR UNDERSTANDING



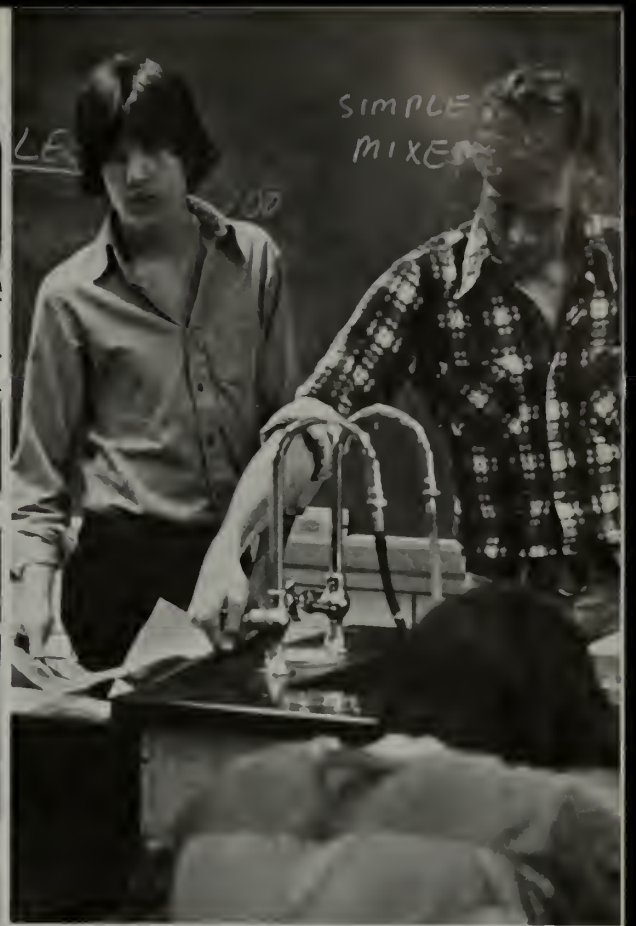
Youth For Understanding, (Y.F.U.), is an international organization dedicated to increasing world understanding through student exchange. Every year teenagers from countries all over the world travel to foreign countries, where they are able to experience life in a new culture.

This year Longmeadow was fortunate to host two foreign students, Richard Evers, from the Netherlands and Isabelle Teboul, from France. Both are seniors at the high school. They became involved in activities ranging from sports to art. Not only did the exchange students benefit from their year long experience, but members of the LHS community learned about a different way of life, and met two interesting people.

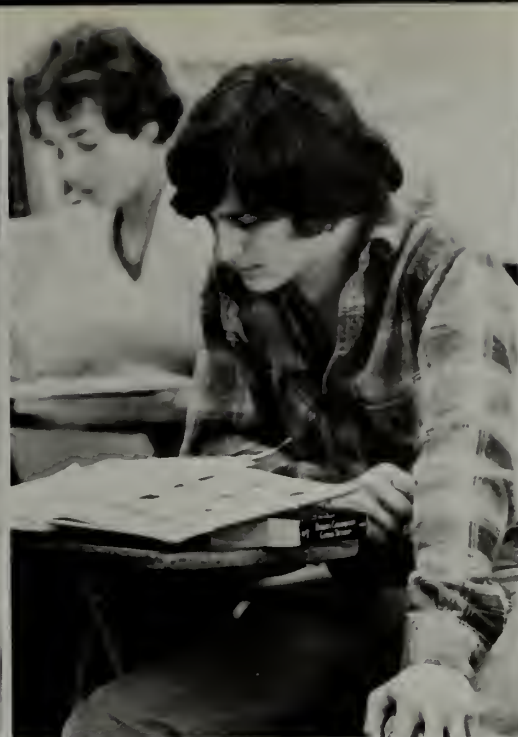
1. Ricard goes to the head of the class. 2. Isabelle, "The ex-French patriot." 3. Richard shows another aspect of his many talents.













"Anyone can look good at . . . "

STEIGERS

690 Bliss Road Longmeadow

"The Most Modern Formal Wear Specialists"

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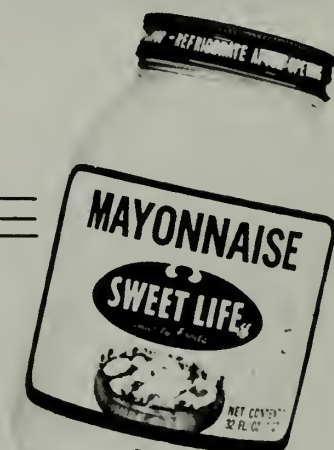
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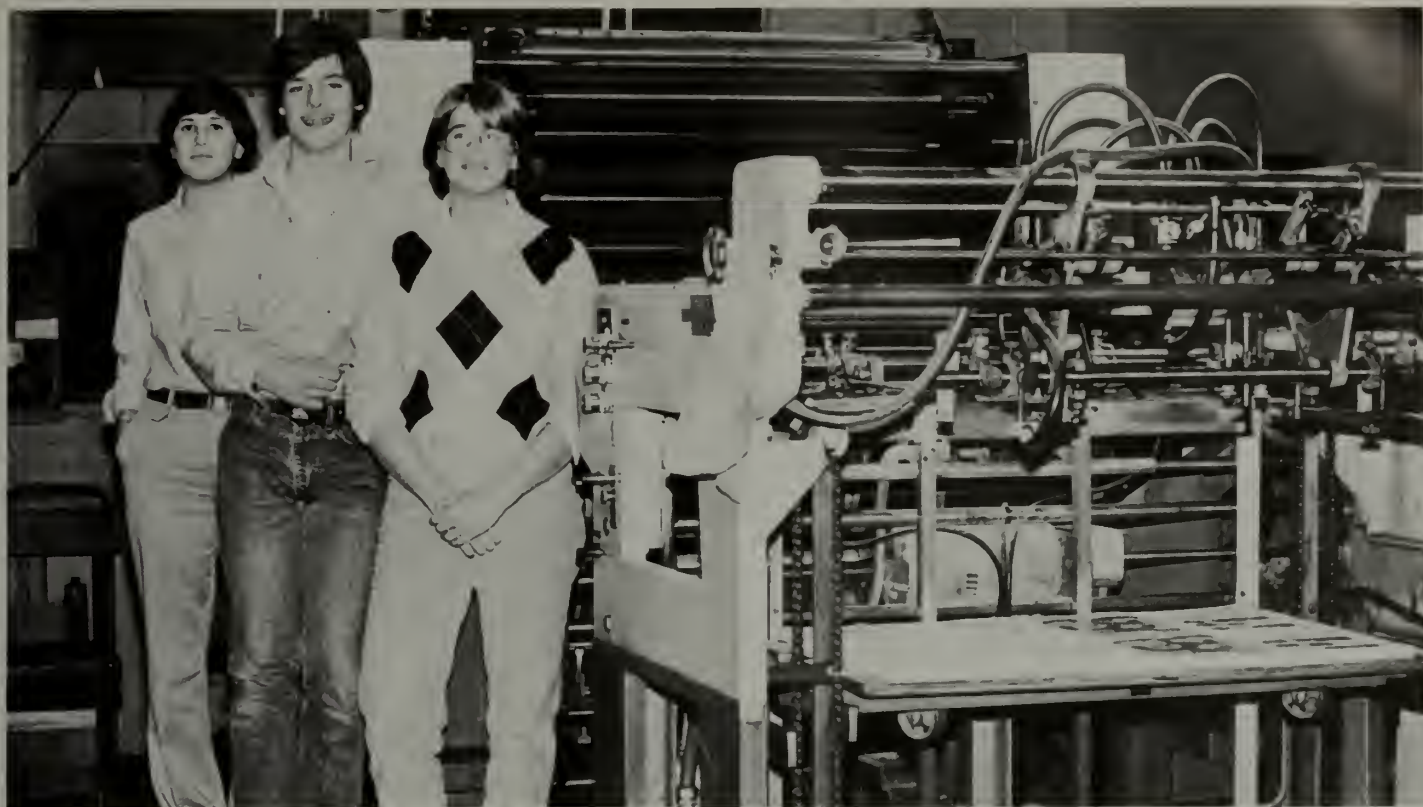
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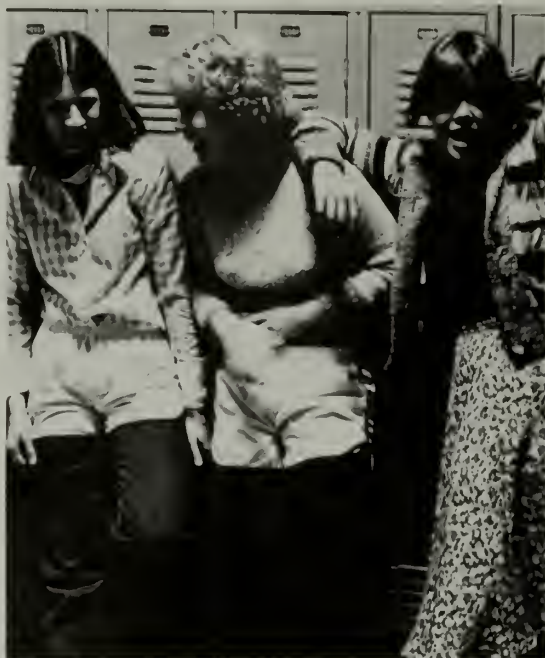
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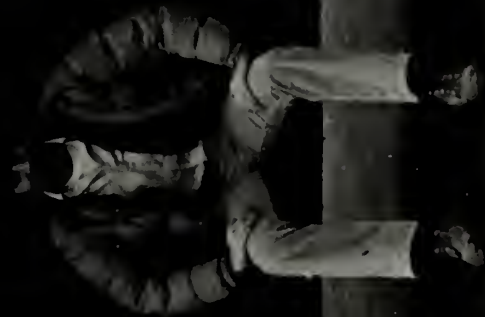
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This yearbook is the end result of the effort and time devoted to its production by a host of people with varying talents. We all hope that you will enjoy the book and that it will aid in holding some of the memories you have of high school.

Our very special thanks go to:

Mel Grant, Yearbook Advisor

Donald Lendry, American Yearbook Co. Representative

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Our student Photographers:

Chris Sheffield, Mike Stenstrom,
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